

dik".k fueyukr ,dkfRed ckyfodkl lok ;ktup ;kxnu



v : .kk 'kdjjko Ikojxkodj]lt; Hkk- lkGd
Lkg; kxh ik/;kfIdk o lekt"kkL= foHkkx ie[k]lg; kxh ik/;kid] lekt"kkL= foHkkx]
Rkj.kk egkfo[ky;] mLeukcknMk- ckcklkge vkcMdj ejkBokMk fo[kihB]

सारांश-

Hkkjrkr Lokr«; iklrhurj dY;k.kdkjh ;ktuk ;k lkekftd] vkfFkd] jkt dh; rlp “kkjhfd o ekufld n’V;k ncy vl.kkú;k lBh jkcfoy; k xY;k- efgyk o ckydY;k.k dk; Øe gk ,d dY;k.kdkjh dk; Øe vkg- Hkkjrkr; jkT; ?kVur efgyk o ckydY;k.k.kkpk fopkj dyk vkg- efgyk o ckydkP; k fLFkfr ifjoru ?kMou vk.k.k.; k lBh efgyk o ckydY;k.k.k dk; Øekph fuferh dj.; kr vkyh vkg- ipokf’kd ;ktukP; k ek/; ekru fdeku vkjkk; lfo/kk] dVc dY;k.k vkf.k efgyk o ckydk lBh ik’kd vkgkj rlp efgyk f”k{k.k] R;kpk dk; krhy lgHkkxkr ok< vkf.k xjt efgykuk dY;k.kdkjh lok n.; kpk i; Ru dyk vkg- efgyk ikl u oxGk u djrk ;.kkjk ?kVd Eg.kt ckyd gk;- R;kph lokfx.k ixfr lk.k.k gp efgyk o ckydY;k.k pGoGhp ie[k mfi’V vkg-

iLrkouk %&

jk’V ckydkP; k ik; ku i< tkr g lR; vkg- ckydkp fodkl ekr”kh fuxMhr vkg- Eg.ku Hkkjr ljdku 1945 lkyh eu’; cG fodkl e=ky; kP; k v[; kf;r efgyk o cky fodkl [kkR; kph ;ktuk dyh- ckydkp gDd o fu.k; ifØ;r efgykP e/; orh LFkku ;k ckr Hkkjrkr ifgy iri/kku ifMr tokgyky ug: tkxr gkr- Hkkjrkr 1975 e/; *lefur cky fodkl lok idYi* gk dk; Øe l: >kyk- ;kr ckydke/khy dik”.k M ikyd] lekt] vkf.k “kklu ;kp y{k o/k.; kp dk; ;k idYiku dy vkg- ,dkfRed ckyfodkl lok gk dk; Øe dn”kk lukp efgyk o ckyfodkl e=ky; kOnkj pkyfo.; kr ;.kkjk n”krhy lokr ekBk vkf.k cgmI”kh; dk; Øe vkg- ckydkph dkGth] “kkjhfd o ekufld fodkl rlp vkjkk; o ik’k.k ;k lc/khP; k xjtk ,d nlú; koj voycu vkg- vkf.k R;k ,dedky ijlj ijd vkg- ;k fl/nkurkoj ,dkfRed ckyfodkl lok ;ktupk n’Vhdu vk/kkjh vkg- lektkrhy lo Lrjkrhy ckydkp thoueku ok<o.k vkf.k R;kpk fodkl dj.k g ;k ;ktup e[; mfi’V vkg-

Lokr«; iklrhurj Hkkjr ljdku ekrk o ckydkP; k lokfx.k fodkl lBh vud ;ktuk o dk; Øe jkcfoy vkg- vl vlrkuk n[khy R;kP; k fodklr vud lel; k v[kigh cú; kp ekB; k iek.kkr vkg- ;ke/; ike[; ku dik”.k] miklekj] ckydkp vktkj] *v* thoul Rokp vHkk] eykph “kkGrhy xGrh bR; knhpk leko”k gkrk-

,dkfRed ckyfodkl lok gk dk; Øe ,deo dk; Øe vkg] T; ke/; dkgh e[; ekuoh eyHkr fodkl kpk leko”k gkrk- ,dkfRed ckyfodkl lok ;ktuk gh n”krhy ekuoh lk/ku linp lo/ku dj.; k lBh] dkoG; k ckyo; krp eykP; k “kjhhkP; k] eukP; k vkf.k lkekftd tk.khokP; k fodkl kpk HkjHkDde ik; k ?kky.; k lBh] ckyeR;] “kkjhfd vixRo] dik”.k] eykP vktkj] vHkder; foÑrhp iek.k deh dj.k rlp 6 o’kk[kkyhy eykP vR; frd dik”.k.kkpk o lke; dik”.k.kkpk nj deh dj.k] eykP; k vkjkk; kdm o ik’k.kkdm fo”k”k y{k n.k] ijd ik’kd vkgjkkpk ijoBk dj.k] xjknj o Lrunk ekrkuk ik’k.k o vkjkk; f”k{k.k n.k vkf.k ekrk eR; p iek.k deh dj.k ;kf”kok; 11 r 18 o’k o; kxVkrhy fd”kkj o; hu eyhuk ik’k.k o vkjkk; fo’k;d f”k{k.k n.k] cky fodkl kP; k {k=ke/; turPkk lkekftd lgHkkx ykHkkok vkf.k ckyfodkl kP; k dk; Øekyk Lo; itrk iklr Ogkoh ;k n’Vhu pkyuk n.k ;k fofok gru

ikp0;k ipokf'kd ;ktue/; fnukd 2 vkDVkcj 1975 jkth vR;r egRokdk{kh o loleko"kd v"kh ,dkfRed ckyfodkl lok ;ktuph l:okr >kyh¹-

833 idYikp;k lkg₅;ku l: >yyh ,dkfRed ckyfodkl lok ;ktuk egkj'Vkr vejkorh ftYg;krhy */kkjth* ;k vkfnoklh idYikp rj ecb "kgjkrhy */kkjko* ;k oLrh ikrGhojhy "kgjh idYikp ik;kfxd rRokoj ukekd >ky² ik;kfxd rRokoj vlyY;k ;k 33 idYikr xkeh.k 19 idYi vkfnoklh o MxjkG foHkxkr 10 vkf.k "kgjh foHkxkr 4 idYi fufujkG;k jkT;kr l: dj.;kr vky- 0 r 6 o'k o;kxVkrhy ckyd] xjknj o Lrunk ekrk vkf.k fd"kkjo;hu eyhp;k fodklkLkH ;k ;ktuvrxr ijdik'k.k vkgkj] yldj.k] vkjx; rikl.kh] vukipkjhd io ikfRed f"kk.k] ik'kd vkgkj o vkjx; f"kk.k br;knh lok ijfo.;kr ;r vgr- vkt li.k Hkjrkr gh ;ktuk jkfoyh tkr vkg-

dik'k.k gh ,d xHkhj Lo:ikph lkeftd leL;k vkg- gh leL;k tjh vkgkj "kkL=k"kh o o|d"kkL=k"kh lc/khr vlyh rjh ;k leL;y HkkouRed] jktdh;] lkeftd o vkfkd vk;kegh vgr- Mk- vHk;cx ;kP;k er Bdik'k.kke/; vUu] Hkd xfjchpk leko"k gkrk- R;keG dik'k.k gk el doG o|dh; jgr ukgh] rj rk HkkouRed o jktdh; curk³

l]k lop foHkxkr ,dkfRed ckyfodkl lok ;ktuk & dik'k.k fueyu vfHk;ku & vrxr 0 r 6 o'k o;kxVkrhy ckyduk ln<] l"kdR o fujxh dj.;kp i;Ru dj.;kr ;r vgr- dik'k.k fueyu vfHk;ku g QDr "kkldh; ;=.kph ;ktuk u jgrkr rh turph pGoG gk.k vR;frd xjtp vkg-

Btxr dik'k.kkeG gk.kkj ikp o'kk[kkyhy ckyer;p iek.k ?kVr vlRkuk Hkjrkr ek= r ok<r vkg- l;Dr jk'V l?kkp;k vgokyuklj 2011 e/; Hkjrkr lej 16 yk[k 55 gtj ckydkp er; >kyk vlu] txr rk lof/kd vkg- ek= Hkjrkr;k ykdI[];pk fopkj djrk gk vkdMk ekBk fnlr vlyY;kp rKkp er vkg- ijr ckyer;ckcr n"kkph fLFkrh okbVp vlyY;kp er ukno.;kr vky vkg- txr lof/kd ckyer; gkr vlyy n"k [kkyhy iek.k vgr-

Hkjr &1]655

uk;tfj;k& 756]

ikfdLrku& 352

phu&249]

bfFkvkfi;k& 194

bMkuf"kk&134] ckXykn"kk&134

;xkMk&131] vQxkf.kLrku&128

%vidM gtjkr%

;k vkdMokjho:u txr lof/kd ckyer; Hkjrkr gkrkr g nnoh lR; vkg- "ktjP;k Jhydk] ckXykn"kk] Fkk;yM] Hkrkue/; ckyer;pk nj deh vkg-

dik'k.kkeG gk.kkU;k ckyer;p iek.k deh dj.;klkHh rK eMGhuh xkokxkoh tkÅu ;=uk jkfoyh ifgt- ckyer;pk 11 o 12 0;k ipokf'kd ;ktur] rlp jk'Vh; vkjx; dk;Øekr leko"k >kyk vkg- gk dk;Øe dxnki=h u jgrkr FkV xkokxkoh n"kkry 12 dkVh ygku eyki;r vkjx; lok forjhr Ogkoh- *vkjx; lok* u0g rj *vkjx; LojT;* fuek.k Ogko vl er t'B lkeftd dk;dr Mk- vHk;cx ;kuh 0;Dr dy vkg⁴-

2011 e/; citizens Alliance Against malnutrition P;k fourho:u Naandi Foundation u n"kkry 9 jkT;krhy 112 ftYg;kp lo{k.k d:u Hkd vkf.k dik'k.k ;k fo'k;koj vgoky r;kj dj.;kr vkyk- gk vgoky iri/kku Mk- euegu flx ;kP;k gLr 10 tkuokjh 2012 e/; fnYyh ;Fk tkghj dj.;kr vkyk- Mk- euegu flx ;kP;k er ,dhdm jk'Vh; vkfkd fodklpk nj vkf.k vUu/kku;kp mRiknu ok<r vlRkuk nIjhdM n"kk dkV;ko/kh ckyd dik'kr vgr- n"kkry dik'k.kkp nj xY;k lkr o'kk 53 VDD;ko:u 42 VDD;koj vkyk vkg- dik'k.kkp VDDokjh 23-3 VDD ,o<h ?lJyh vkg- dik'k.k deh gk.;kpk okf'kd ljkLjh nj 2-9 VDD ,o<k vkg- vl vly rjh vktgh dik'k.kkp iek.k Hkjrkr Qkj ekB vkg- dik'kr ckydr eYkhp iek.k vf/kd vlu fufkj ekrkph 45 VDD ey rj f"kk{hr ekrkph 23 VDD ey dik'kr vgr- dik'kr ckydkP;k ckchr Hkjr txr frlU;k Øekdkoj vkg⁵

dik'k.kkp leL;k Hkjrkrhy [kM;kikM;kr vkf.k "kgjh Hkxkrgh ekB;k iek.kkr vkg- Hkjrkr ujKueHk l[lkfj;k QkÅM"ku vkf.k vU; ngk ,d lLFk ljdjkh fueljdjkh vkf.k Lo;loh ek/;ekru dik'k.kkoj xyh vud o'k ekr dj.;kpk i;Ru djhr vgr- dik'k.kkp;k ckchr ljdj iFke eykdm y{k nr- dkj.k Hkjrkrhy fdeku rh l VDD ey gh deh otukph vlRkr- ,dv;k egkj'Vkr dik'k.kku er;e[kh gk.;kp iek.k fdeku 50 VDD vkg- ;kr ike[];ku ygku ckydkp leko"k vkg- vkB uÅ efgU;kiuh unh QkÅM"kuu Mk- eueguflx ;kuk dik'k.kkeG >kyY;k er;P;k lnhkkr ,d vgoky lknj dyk gkrk- ;k vgokykr txkrY;k iR;d rhu ckydkP;k ekx ,d ckyd dik'kr vlyY;kp lR; mtMkr vky vkg- 2011 e/; lIVcj efgU;kr 17 gtj 688 ckyd dik'k.kkeG ej.k ikoy-

eG?kkVkr dik'k.kkeG 14 gtkj 583 ckyd eR;e[kh iMy- pnij ;Fk Mk- vHk;cx ;kuh ljdkjh vkn''kkuLkj dikf'kr ckyd vkf.k dikf'kr ekrk ;kp lo{k.k d:u vgoky lknj dyk-

jkT;kr ouoklh dY;k.k vkJe] ''krhky eFkk] Hkkjr; tu l?kVuk] /kkj.khp gj xfon Nk=kokl] Mk- joh vkf.k fLerk dYg] ckc dnp lfuy vkf.k fu:iek n''kikM] Mk- vkf''k'k lkro gh dk;dr eMGgh ;k {k=kr vfr''k; mYy[kuh; dk; djhr vkgr- 17 lVcj jkth ljdkj jkT; ''kk lukP;k orhu fuf''prp dkgh ikoy mpyy vl fp= ;k lnhkkf nlr vly rjh rkrMhu ckyd dik'k.kkeG eR;e[kh iM.kkj ukgh ;kph veycto.kh ljdkju dyh rj jkT;krhy n'dkGh ifjLFkrhgh vk''knk;h fp= fuek.k gkby- jkT; ''kk luku iR;d ftYg;krhy ikyde«;kuk ;/nikrGhoj gkrk''kh /k:u gh leL;k dk;eph lfo.;k lBh vfr''k; fu/kkj iod ikoy mpyy ikfgyr-⁶

Mk- vHk;cx lferhP;k vgokykr 2005&06 ½ ,d.k ckyeR;idh 80 Vdd dik'k.k] gxok ;k dkj.kku eR;e[kh iMrkr- rlp jkT;kr 54 Vdd Eg.kt 8]00]000 ey fro dikf'kr vkgr- o 21 Vdd Eg.kt 32]00]000 ey e/e dikf'kr vkgr- vHk; cx lferhpk vgoky 2005 & 06 ,u- ,u- ,e- ch- ;kP;k vkdMokjh ulkj egkj'Vkr 23]500 vkfnoklh Hkkxkr o 56]000 ''kgjh >kiMiVvhe/; ckyd dik'k.kkeG eR;e[kh iMrkrp-⁷

Ekgjk'Vkrhy Bk.k] unjckj] pnij] XkMfpjkyh] vejkorh ;k vkfnoklh ftYg;kr dik'k.kkp iek.k ekB vkg- ljdkju dyY;k vkjkk; rikl.khr tkuokjh 2012 v[kji;r jkT;kr rCcy 10 yk[k 67 gtkj 659 dikf'kr ckyd vk<Gyh gkrh- ;kidh 9 yk[k 43 gtkj 218 e/e dikf'kr rj 1 yk[k 24 gtkj 441 fro dikf'kr ckydkp leko''k vkg- /kDdknk;d ckc Eg.kt ;kidh 24 gtkj 365 cky eR; >kY;kph ckc m?kMdhI vkyh- ek= g eR; dik'k.kkeG UKog rj fofok vtktjkeG >kY;kpk ''kk lukpk nok vkg-

Ljdkju jkT;krhy 62 yk[k 52 gtkj 272 ckydkp vkjkk; rikl.kh d:u R;kp out ?kry- R;kr 52 yk[k 4 gtkj 613 ckyd lolk/kkj.k otukph fu?kkyh- mojhR lo ckyd dikf'kr gkrh- rlp t 24 gtkj 365 ckyeR; >kY R;kr 20 gtkj 194 vHkdeR; 40 r 1 o''kz rj 4 gtkj 362 ckyeR; 41 r 5 o''kz gkr-

jkT;''kk luku ;fulQyk lkr ?kry vkg- ckydkp;k eR;ekx 40 r 50 Vdd dkj.k g dik'k.kkp vlr vl Mk- vHk;cx ;kp er vkg- Hkkjr ljdkjP;k vgokyulkj jkT;kr o''kkyk 0 r 1 o''kz ,d o''kz;r 60 gtkj vu 1 r 5 o''kz;r 20 gtkj vl 80 gtkj ckyeR; gkrkr ;kdm gh Mk- vHk;cx ;kuh y{k o/ky vkg-⁸

iLrr 'kk/k fuc/kkph ie[k mfl''V; %&

- 1- *dik'k.k* ;k ldyiupk vFk ikg.k-
- 2- Hkkjrkrhy dik'k.kkph fLFkrh vH;k l.k-
- 3- Ekgjk'V jkT;krhy dik'k.kkph fLFkrh vH;k l.k-
- 4- mLekukcn ftYg;krhy dik'k.kkph ,d.k fLFkrh vH;k l.k-
- 5- mLekukcn ftYg;krhy 10 ,dkfRed cky fodkl idYikrhy dik'k.kkph l l fLFkrh-
- 6- dik'k.k fueyuk lBh dkgh egROI.k mik; ;ktuk lpfo.k-

l''kk/ku i/nrh %&

iLrr l''kk/ku fuc/k r;kj djrkuk l''kk/kdkuh dik'k.kkP;k fLFkrhPkk vk<kok ?k.;k lBh idkf''kr lkgR;kpk % lnhk xFkz n;e l'ku l'kxhpk vk/kkj ?kryk vkg-

dik'k.k ldyiuk %&

Hkkjrkrhy dik'k.k gh ,d xHkhj Lo:ikrhy l'ekftd leL;k vkg- dik'k.kkph leL;k gh xfjch o nkfjn;] cdkj]h fuj{jr]k ckyfookg] vKku] :<h] ijij]k v/kJ/nk] l'ekftd pyhfjrh] nku eyke/khy vrj] ldl vkgjkpk vHko] ik;kHkr l;k h lfo/kkph derjrk bR;knh ?kVdk''kh fuxMhr vkg-

MfOgm ouj %*tFk MkDVj uly rFk* ;k ifLk/n xkeh.k vkjkk; xFkpp eG y[kd ½ ;kP;k er & Bijlk o ;kx; vkgkj u ?krY;keG fdok u feGKY;keG th v''kdri.kkph o vktkji.kkph ifjLFkrh fuek.k gkr fryk dik'k.k Eg.krkrp-

Tkxfrd vkjkk; l?kVuP;k er & Bfofo/k iek.kkr ifFku o m'ekd eyke/; ok<R;k o;kr deh iMr xyh rj gk.kkjh euph o i.k ''kj]kph fLFkrh fdok voLFk Eg.kt dik'k.k gk;- fdok Blo vUuk?kVd ;kx; iek.kkr ;kx; rúgu vkf.k ;kx; oGh u feG.k Eg.kt dik'k.k gk;-

βfujkxh thoulk Bh ik'd vkgjkph vko"; drk vlr- vkgjkpk vkf.k vkjx; kpk vxnh fudVpk lc/k vlrk- fdcguk ;kx; vkgjkjop "kjhjkph tM.k&?kM.k voycu vlr- "kjhjkyk vko"; d dke dj.; klk Bh ykx.kkjh "kDrh vki.k ?kr vlyY;k vkgjkjY;k vUu inkFkkiklu feGr vlr- "kjhjkph >ht Hk:u dk<.k] "kjhjkr jkxifrdkj "kDrh fuek.k dj.k gh ie[k dke vUue/; vlyyh ik'd n0; djhr vlrk- lgftdp nufnu ik'd ?kVdkph derjrk vly rj dik'.kkph fLFkrh fuek.k gkr-b⁹ Hkkjrh; ckyjx fpdfRIk rTKp; k l?kVuu dik'.k J.khp oxhdj.k i<hy iek.k dy vkg- R; klk Bh i<hy l=kpk okij dyk tkrk-

Lk= %&

ckGkp R; kP; k

o; kulkj vlyy out %%% = ckGkp [kj otu x 100

#####

ckGkp; k o; kulkj vlko; kl go r out

; k l=kulkj ckGkp o; kulkj vlyY; k otukph VDDokjh dk<rjuk out tj i<hy iek.k vly rj] Eg.ktp

1- 80% tLr out vly rj ckG dik'kr ukgh- Eg.ktp lolk/kkj.k ckyd

2- 71 r 80 VDD otu vly rj dik'.k J.kh ,d (I)

3- 61 r 70 VDD otu vly rj dik'.k J.kh nku (II)

4- 51 r 60 VDD otu vly rj dik'.k J.kh rhu (III)

5- 50 r R; kiFkk deh VDD out vlyY; kl dik'.k J.kh pkj (IV)

Lku 2010 & 11 ; k o'kkiklu dik'.k J.khp rhu xVkr oxhdj.k dy tkr vkg- R; kr ike[; ku lolk/kkj.k ckyd]

e/; e dik'kr o fro dik'kr ckyd g ?kVd ; rkr-

rDrk Ø- 1

Hkkjrkhy fofok dik'.k J.kh e/hy ckydkph ,d.k l[; k

% 0 r 6 o'k o; kxV % 2009 & 10 r 2012 & 13 %

v- Ø-	Rki"khhy	2009&10	2010&11	2011&12	2012&13
1	lolk/kkj.k J.khrhy ckyd	35883852	46026534	49643219	54971699
	(%)	% 51-80 ½	% 58-84 ½	% 62-68 ½	% 67-01 ½
2	e/; e deh otukph ckyd J.kh I	24465825	24836019	22844463	21202091
	(%)	% 35-32 ½	% 31-75 ½	% 28-84 ½	% 25-85 ½
3	fro deh otukph ckyd J.kh II	8656662	4763866	4178424	3143048
		% 12-50 ½	% 6-08 ½	% 5-27 ½	% 3-83 ½
4	vfr fro deh otukph ckyd J.kh III/IV	265218	2602111	25411010	2720660
	(%)	% 0-38 ½	% 3-33 ½	% 3-21 ½	% 3-31 ½
	,d.k	69271557	78228530	79207116	82037498
	(%)	%100½	%100½	%100½	%100½

L=kr %& wcd.nic.in/icds.

fvi %& moderately malnurtished children (Grade I & Grade II) severly malnourished children are Those children which are in Grade III & IV

lu 2009 & 10 r 2012 &13 ; k dkyko/khrhy Hkkjrkhy dik'.k fLFkrh rDrk Ø- 1 e/; n"foyh vkg- rDrk Ø- 1 e/; Hkkjrkhy 0 r 6 lgk o'k o; kxVkrhy fofok J.khrhy ckydkph VDDokjh n"foyh vkg- 2009 &10 e/; dik'kr

ulyY;k lolk/kkj.k ckydkp iek.k 51-80 VDD brd gkr- rj gp iek.k 2010 & 11 e/; 58-84 VDD] 2011&12 e/; 62-68 VDD rj 2012&13 e/; 67-01 VDD brd ok<y- ;k vkDMokjho:u g Li'V gkr dh Hkkjrr lolk/kkj.k J.khry;k ckydkp iek.k ok<r vkg-

Hkkjrrhy dik'k.k J.kh 1 P;k vkDMokjho:u vl Li'V gkr dh] 2009&10 e/; 35-32 VDD ckyd dik'k.k J.kh 1 e/; gkrh 2012&13 e/; g iek.k 25-85 lk;r deh >ky-

Okjhy rDR;krhy dik'k.k J.kh 2 pk fopkj djrr vl fnlu ;r dh] lu 2009&10 e/; dik'k.k J.kh 2 e/; 12-50 VDD brdh ckyd gkrh- rj lu 2012&13 g iek.k 3-83 VDD lk;r deh >ky-

;ko:u vl Eg.krk ;by dh n"kk 0 r 6 o" o;kxVkrhy ckyd dik'k.k iek.k deh dj.;kl ,dkfRed ckyfodkl lok ;ktup y[k.kh; ;"k ikr dy vkg-

Egkj"V jkT;krhy dik'k.kph fLFkrh %&

BtUekurj ifgY;k rklHkkjrr uotkr ckydkuk Lruiku dj.k vko";d vlr- R;kru R;kuk thoulRokpk ijoBk gkrk vkf.k ckydke/khy dik'k.k deh gk.;kl enr gkr- ek= jkT;kr doG 50 VDD uotkr ckydkuk ifgY;k rklHkkjrr Lruiku fny tkr- mofjr 50 VDD ckydkuk g Lruiku feGr uIY;ku r dik'k.kP;k xrrr vMdy fnlrr-

jkT;kr lokf/kd dik'kr eykp iek.k tGxko ftYg;kr vk<Gu vky- tGxko ftYg;kr 66]419 ckyd dik'kr vkr rj R;k ikBkikB cy<k.kk ftYg;kr 63]382 unjckje/; 61]120] chM 56]732] ;oreG 56]291 tkyuk 51]491 i.k 50]884 /kG 46]061] lkyij 45]693 rj ukf"kd e/; dik'kr ckydkph I[;k 38]078 ,o<h vk<Gu vkyh- jkT;krhy "ku; r ikp o"ko;kxVkrhy 40 VDD eyke/; vk;kfMuP;k derjreG eykp fodkl enkor vlu] rk dik'kr gkr vIY;kph xHkhj xk'V dik'k.k n[kj[k lferhuh lekj vk.kyh vkg¹¹

rDrk Ø-2

egkj"V jkT;krhy fofok dik'k.k J.kh e/khy ckydkph ,d.k I[;k

% 0 r 6 o" o;kxV % 2009 r 2013 %

v-Ø	Rki"khY	2009	2010	2011	2012	2013
1	lolk/kkj.k J.khry ckyd	4703578	4685261	5348732	5689505	5689505
	(%)	% 61-51½	% 75-10½	% 76-53½	% 84-78½	%89-30½
2	e/e deh otukph ckyd J.kh I	2458907	1364173	1197164	847015	596488
	(%)	% 32-15 ½	% 21-86 ½	% 20-85½	% 13-43½	%9-36 ½
3	fro deh otukph ckyd J.kh II	473804	189768	150576	112854	85043
		% 6-20½	% 3-04½	% 2-62½	% 1-79½	%1-34½
4	vfr fro deh otukph ckyd J.kh III/IV	10846	&&	&&	&&	&&
	(%)	% 0-14 ½	&&	&&	&&	&&
	,d.k	7647135	6239202	5741227	6308601	6371036
	(%)	%100½	%100½	%100½	%100½	%100½

L=kr %& ekfld ixrh vgoky ,fiy 2009 r 2013 Qkjev II- vk; lhmh, l- egkj"V jkT; oclkbv¹²

Vhi %& 1- dlrrhy vd ,d.k"kh dik'k.k J.khp "kdM iek.k n"forkr-

2- 2010 iklu lolk/kkj.k ckyd J.kh I

3- e/e dik'kr J.kh II

4- fro dik'kr ckyd J.kh III P;k iek.k J.khp oxhdj.k dj.;kr vky vkg-

Lku 2009 r 2013 ;k dkyko/khr egkj"V jkT;krhy dik'k.kph fLFkrh rDrk Ø- 2 e/; n"foyh vkg-

rDrk Ø- 2 e/; egjk'V jkT;krhy 0 r 6 o'k o; kxVkrhy fofok J.khrhy ckydkph VDdokyh n'kfoyh vkg- vH;kl dkyko/khP; k l :okrhk Eg.kt 2009 e/; dikf'kr ulyY; k lolk/kkj.k ckydkp iek.k 61-51 VDD brd gr- rj gp iek.k 2011 e/; 76-53 VDD gr vkf.k lu 2013 lk; r g iek.k 89-30 VDD; ki; r ok<y-

ojhy vkdMokjho:u g Li'V gr dh] lolk/kkj.k Eg.ktp dikf'kr ulyY; k ckydkp; k iek.kkr ok< dj.;kr ;ktuyk pxy ;"k iklr >ky vkg-

egjk'V jkT;krhy 0 r 6 o'k o; kxVkrhy dik'k.k J.kh & I P; k vkdMokjho:u vl Li'V gr dh] 2009 e/; 32-15 VDD ckyd dik'k.k J.kh & I e/; grh- 2011 lk; r g iek.k 20-85 VDD rj 2013 e/; dik'k.k J.kh & I e/; 9-36 VDD; ki; r deh >ky- ;ko:u vl fun"ku l ; r dh] egjk'V jkT;kyk dik'k.k J.kh & I e/; ckyd vk.k.;kr Qkj ;"k iklr >ky vkg-

ojhy rDR;krhy dik'k.k J.kh & II pk fopkj dY;kl vl fnlu ; r dh] egjk'V jkT;kr lu 2009 ; k o'kr J.kh & II e/; 6-20 VDD ckyd grh- 2011 e/; 2-62 VDD rj 2013 e/; 1-34 VDD; ki; r g iek.k deh >ky- ;ko:u vl fun"ku l ; r dh] egjk'V jkT;kr dik'k.k J.kh nku e/; ?v dj.;kr ;ktuyk pxy ;"k feGky vkg-

egjk'V jkT;kr; k 0 r 6 o'k o; kxVkrhy ckydkp; k dik'k.k J.kh & III o IV pk fopkj djrk lu 2009 e/; 0-14 VDD ckyd grh- ; k vkdMokjho:u vl fun"ku l ; r dh] 0 r 6 o'k o; kxVkrhy ckydkp dik'k.k deh dj.;kl ,dkfRed cky fodkl lok ;ktuyk ;"k iklr >ky vkg-

lu 2010 & 11 e/; dik'k.k J.kh rhu xVle/; ekiu dy tkr vkg- FkkMD;kr ojhy vkdMokjhu l k egjk'V jkT;kr lolk/kkj.k ckydkph l [; k pxyh vlu e/; e dikf'kr vf/kd dikf'kr ckydkp iek.k deh vlyy fnlu ; r-

mLekukcn ftYg;krhy dik'k.k fLFkrh %&

rDrk Ø- 3

mLekukcn ftYg;krhy fofok dik'k.k J.kh e/hy ckydkph ,d.k l [; k

0 r 6 o'k o; kxV 2009 r 2013

v- Ø-	Rki"hy	2009	2010	2011	2012	2013
1	lolk/kkj.k J.khrhy ckyd	102414	95072	96373	100052	103993
	(%)	72-71½	85-05½	82-81½	88-65½	90-52½
2	e/;e deh otukph ckyd J.kh I	34990	18387	17638	11083	9237
	(%)	24-84½	15-87½	15-16½	9-82½	8-04½
3	fro deh otukph ckyd J.kh II	3275	2408	2362	1728	1657
		2-3 ½	2-08 ½	2-03 ½	1-53 ½	1-44½
4	vfr fro deh otukph ckyd J.kh III/IV	170	&&	&&	&&	&&
	(%)	0-12 ½	&&	&&	&&	&&
	,d.k	140849	115867	116373	112863	1144887
	(%)	100½	100½	100½	100½	100½

L=kr %& ekfld ixrh vgoky ,fiy 2009 r 2013 Qkjev II- vk; l hMh, l- egjk'V jkT; oclkbv-¹³ Vhi %& 1- dkrhy vd ,d.kk"kh dik'k.k J.kh "dMk iek.k n"forkr-2- 2010 ikl u 1½ lolk/kkj.k ckyd & J.kh I 2½ e/; e dikf'kr ckyd & J.kh II] 3½ fro dikf'kr ckyd J.kh & III ; k iek.k J.kh oxhdj.k dj.;kr vkky vkg-

Lku 2009 r 2013 ; k dkyko/khrhy mLekukcn ftYg;krhy dik'k.kkph fLFkrh rDrk Ø- 3 e/; n"foyh vkg- mLekukcn ftYg;krhy fofok dik'k.k J.khrhy 0 r 6 o'k o; kxVkrhy ckydkph ,d.k l [; k o VDdokyh ojhy rDrk Ø- 3 e/; n"foyh vkg- ojhy vkdMokjho:u vl fun"ku l ; r dh] lu 2009 e/; 0 r 6 o'k o; kxVkrhy

kydkph ,d.k dik'k.k J.kh ,d e/; 34]990 ckyd J.kh nku e/; 3]275 ckyd vkf.k J.kh rhu o pkj e/; ,d.k 170 ckyd gkrh-

2010 iklu dik'k.k J.khp ekiu rhu xVke/; dy tkr vkg- vH;kl dkyo/khP;k e/;ki;r Eg.ktp lu 2011 e/; 0 r 6 o'k o;kxVkrhy ckydkph ,d.k I[;k 1]16]373 ,o<h gkrh- ;kidh lolk/kkj.k ckydkph I[;k 96]373 ,o<h gkrh- rj dik'k.k J.kh 1 e/; 17]638 J.kh nku e/; 2]262 ,o<h ckyd gkrh-

Lku 2013 e/; 0 r 6 o'k o;kxVkrhy ckydkph ,d.k I[;k 1]14]887 brdh gkrh- R;kidh lolk/kkj.k ckydkph I[;k 1]03]993 ,o<h gkrh- rj e/;e dik'kr ckyd 9]237 vkf.k fro dik'kr ckydkph I[;k 1]657 brdh gkrh-

mLekukcn ftYg;krhy 0 r 6 o'k o;kxVkrhy fofo/k dik'k.k J.khrhy ckydkp;k I[;o:u vl fun"ku I ;r dh] 2009 e/; dik'kr ulyY;k lolk/kkj.k ckydkp iek.k 72-71 Vdd gkr] 2011 e/; g iek.k 82-81 Vdd brd gkr rj 2013 e/; g iek.k 90-52 Vdd ,o< gkr-

mLekukcn ftYg;krhy 0 r 6 o'k o;kxVkrhy dik'k.k J.kh ,dP;k vkdMo:u vl Li'V gkr dh] 2009 e/; 24-84 Vdd ckyd dik'k.k J.kh ,d e/; gkr- 2011 e/; gh I[;k 15-16 Vdd gkrh- rj 2013 lk;r dik'k.k J.kh ,d e/; 8-04 VDD;ki;r deh >ky- ojhy rDR;krhy dik'k.k J.kh 2 pk fopkj dY;kl vl fnlu ;r dh] 2009 e/;2-33 Vdd ckyd J.kh nku e/; gkrh- 2011 e/; 2-03 Vdd brdh ckyd gkrh rj 2013 e/; 1-44 Vdd ckyd J.kh 2 e/; gkrh- ;ko:u J.kh 2 e/hy dik'k.k deh dj.;kr eDr xke vfhk;kukvrxr ,dkfRed ckyfodkl lok ;ktuyk y{k.kh; ;"k vkY;kp fnlu ;r-

mLekukcn ftYg;krhy ,dkfRed cky fodkl lok ;ktup;k 10 idYikrhy dik'k.kkph I|fLFkrh %&

rDrk Ø- 4

mLekukcn ftYg;krhy ,dkfRed cky fodkl lok ;ktup;k 10 idYikrhy dik'k.k J.kh e/hy ckydkph I[;k

% 0 r 6 o'k o;kxV % tkuokjh 2014

v-Ø-	Rki"krhy	Hke	dGc	mLekukcn	rGt'kij	mejxk	ijkMk	ykgkj k	Okk"kh	vkyj	rj	,d.k
1	lolk/kkj.k J.khrhy ckyd	9221	15252	13021	16205	11171	9289	9276	7784	11881	12080	116623
	(%)	94-34	90-26	89-23½	90-79½	91-12½	90-74½	92-86½	93-84½	92-52½	90-15½	90-81½
2	e/;e deh otukph ckyd J.kh I	477	1394	1315	1409	941	771	598	423	841	1103	10030
	(%)	4-88½	8-20½	9-01½	7-89½	7-68½	7-53½	5-99½	5-10½	6-55½	8-23½	7-81½
3	fro deh otukph ckyd J.kh II	76	263	256	234	147	102	115	88	118	217	1774
	(%)	0-78½	1-55½	1-75½	1-31½	1-20½	1-00½	1-15½	1-06½	0-92½	1-62½	1-38½

L=kr %& ekfld ixrh vgoky ekg & 01@2014 ,dkfRed ckyfodkl lok ;ktuk dk;ky; mLekukcn-¹⁴

mLekukcn ftYg;kr I|fLFkrh ,dkfRed ckyfodkl lok ;ktup ngk idYi dk;jr vkgr- Hke] dGc] mLekukcn] rGt'kij] mejxk] ijkMk] ykgkj k] ok"kh] vkyj %e:e% rj ;k ngk idYikrhy dik'k.kkph I|fLFkrh ekfld ixrh vgoky ekg tkuokjh 2014 ulkj rDrk Øekd 4 e/; n"krfoyh vkg-

rDrk Ø- 4 iek.k mLekukcn ftYg;krhy Hke idYikrhy I|fLFkrh J.khrhy Eg.kt J.kh 1 e/hy ckydkph I[;k 94-34% brdh vkg- ;kp I|fLFkrh J.khrhy dGc idYikrhy I[;k 90-26%] mLekukcn idYi 89-23%]

rGtKij idYi 90-79%] mejxk idYi 91-12%] iJMk idYi 90-74%] ykgjk idYi 92-86%] ok"kh idYi 93-84%] vkyj %e-% idYi 92-52%] rj rj idYikrhy 90-15%] brd ckyd lolk/kkj.k J.khr ;rkr- ;ko:u vl y{kk ;r dh] lolk/kkj.k J.khrhy ckydkph I[;k mLeukckn ftYg;kr ok<r vkg- Eg.ktp ckydkP; k dik".kkR ?kV gkr vkg- mLeukckn ftYg;krhy ngk idYikrhy e;/e deh otukph Eg.ktp J.kh 2 e/khy i<hy iek.k n"lfork ;r- Hke 4-88%] dGc 8-20%] mLeukckn 9-01%] rGtKij 7-89%] mejxk 7-68%] iJMk 7-53%] ykgjk 5-99%] ok"kh 5-10%] vkyj %e-% 6-55%] o rj 8-23%] ckyd vkgR- ;ko:u vl fun"kuI ;r dh] J.kh 2 e/khy ckydkph I[;k deh gkr vkg- Eg.ktp dik".k eDr ftYgk dj.;kDM ;k ;ktup i.k y{k o/kyy fnlr- mLeukckn ftYg;kP;k ;k ngk idYikr J.kh 3 e/khy ckydkph I[;k vfr"K; deh gkrkuI fnlr vkg- Hke 0-78%] dGc 1-55%] mLeukckn 1-75%] rGtKij 1-31%] mejxk 1-20%] iJMk 1-00%] ykgjk 1-15%] ok"kh 1-06%] vkyj %e-% 0-92%] vkf.k rj 1-62%] brdh ckyd J.kh 3 e/; ;rkr- ;k vkDMokjho:u vl Li"V gkr dh] mLeukckn ftYg;kr dik".k eDr xkeh.k vfHk;kukrxr ,dkfRed ckyfodkl lok ;ktup ;kxnu y{k.kh; vkg- mLeukckn ftYgk i.k dik".keDr Ogkok Eg.ku fro dif"kr vl.kkU;k ckydklkBh vkjK; foHkkxkekQr xke vkjK; dn LFkkU d:u ckydkuk ldl o ikf"Vd vkgkj nAu R;kuk lo lk/kkj.k J.kh e/; vk.k.;k lkBh 176 xke cky vkjK; dn LFkkU dy vkgR-

dik".kkph dkj.k %&

dik".kkph I:okR gkr vkbp;k xHkk"K;krp vkbp dik".k >ky rj xHkk"K;krhy ckGkpgh gkr- vkbyk vko";d vk;u dfy"K;e vkf.k ikVhu feGky ukgh fdok vkbp;k vkgjkph dkGth ?kryh ukgh rj ckGkyk vkbp n/k deh feGy ifj.kkeh ckyd dif"kr gkby-

ekrP;k xHk/kkj.kiklu r ckGkP;k 24 efgu % 2 o"K % o"Kki;r ;kX; i/nrhu dkGth ?kryh ukgh rj gh ckyd ekB;k iek.kkr e;/e fdok fro deh out xVkr tkrkr- vktgh jkT;kr dif"kr eykph I[;k ekB;k iek.kkr fnlu ;r- tu 2011 P;k ekfld vgokykul kj jkT;krhy xkeh.k {k=kr 9 yk[k 73 gtKj 667 ,o<h ckyd e;/e deh otukph vlu 1 yk[k 26 gtKj 240 ,o<h ckyd fro deh otukph vkgR-¹⁵

dik".k g ik".k vkgkj] vkjK;] Ikekftd o i"kkldh; ckch bR;knh ?kVdk"kh fuxMhr vkg- dik".kkph dkj.k [kkyhy iek.k vkgR-

- 1- ckG tUeY;kcjkcj fpd n/k %dkyLve% u ikt.k
- 2- 6 o"Kki;rP;k ckydkP;k vkjK; LoPNrk o ik".kkDM ikydP gk.kkj ny{k
- 3- f"K{k.kkpk vHkko] vKku o fuj{Kjrk] nooknh n"Vhdku] v/kJ/nk vkf.k xjlet bR;knh
- 4- ckyfookg iFk] ijijxR /kkj.kk o c/ku] ckyekr] xjknj o LrunK ekrP;k vkjK; o ik".kkDM gk.kkj ny{k-
- 5- vijK o deh ifrpK vkgkj] vkgjfo"K;h o eykP;k ik".kkfo"K;h vKku] xjletrh o vijh ekfgrh-
- 6- xkeh.k] vkfnok lh Hkxkr vi.k vkjK; lok lfo/kk] vLoPNrk] fi.;kp nf"kr ik.kh bR;knh-
- 7- iHkkoH lrrh fu;eupK vHkko o nku viR;ke/khy deh vrij nfjn;] cdKjhp ekB iek.k vkf.k LFkkfud jktxkjpk vHkko-

;k fu v"kk fofo/k dkj.kkeG 0 r 6 o"K o;kxVkrhy ckydkp dik".kkp iek.k ok<rp vkg- thoukrhy ifgY;k nku o"kr dik".k gk.k vkf.k R;kp xHkh ifj.kke gk.;kph "kD;rk vf/kd vlr-

dik".k fueyuklkBh mik;ktuk %&

ckY;koLFkk gk eykP;k ok<hP;k o fodklkP;k VI;krhy vR;r egRokp dkyko/kh vkg- ckG tUeYk ;.;kioh rlp tUekurj l/nk ckydkuk vko";d R;k lok n.k xjtp vlr- ,dkfRed cky fodkl lok ;ktuvrxr 6 o"kk[kkyhy eykP;k ik".k o vkjK; fLFkrhr l/kkj.kk dj.k vkf.k ckyeR; jk[k.;klkBh ylhdkj] vkjK; rikl.kh] lnhk lok] ijd ik".k vkgkj] efgyp vkjK; o ik".k f"K{k.k] io ikf"fed f"K{k.k bR;knh lok n.;kr ;rkr-

"ku; r lGk o"K o;kxVkrhy lo ckyd lk/kkj.k % ukey % J.khr vk.k.k] xkeipk;r] ipk;r lferh o ftYgk ifj"kn ;k LFkkfud LojK; lLFkpk lFØ; lGhkkx ok<ou dik".k eDr xke ldyiuk iR;{kkr mrjfo.;klkBh lo Lrjkru vkt i;Ru gkr vkgR- "kkUor dik".keDrhlkBh ykdIgHkxkl iRlkgu nAu lektP;k lo ?kVdkuk ;k fo"K;k"kh tkMu ,d pGoG mHkh dj.k g mfl"V lk;dj.;klkBh *jktekrk fttkÅ dik".keDr xke vfHk;ku* o *,dkfREk cky fodkl lok ;ktuk* dk;jr vkgR- eykP dik".k iek.k deh dj.;klkBh ik".k vkgjkr fofo/krk vk.k.k vkgjkr ik".k ey;kp iek.k ok<fo.k R;kp cjkcj vkgjkr QGQgkoj] nX/ktU; inkFk] dM/kkU; ;kpk ik/kkU;ku leko"K djkok-

βdik'.kkp;k i"ukoj ekr dj.;k lkbh ,dkfred ckyfodkl ;ktuoj lkjh enkj BÅu Hkkx.kkj ukgh- ;k ;ktu'kj dik'.k vkVkd;kr vk.k.;kdfjrk cjp i;Ru >ky vly rjh vkrk fofok ;ktuP;k leUo;krudik'.k.kkoj ekr djkoh ykxy- dvckph vkfkd fLFkrh] efgyke/khy l{kjrk vkf.k cylvxiukckcrph tkxrh ;k xk'Vhgh dik'.k.kfojk/kh y<;kr egRokP;k vkgr vl iri/kku euekgufix ;kuh EgVy vkgp-¹⁶ dik'.k fueyuklkBh dkgm mik;;ktuk [kkyhyiek.k vkg-

- 1- 6 o'k o;kxVkrhy ckyd] xjknj] Lrunk ekrk ;kuk ,dkfred ckyfodkl lok ;ktuP;k lo lok ijfo.k-
- 2- Ckkyfookgl ifrc/k dj.k ;kckcr tulid o fofok dk;Øekru tu tkxrh dj.k-
- 3- Xkko ikrGhoj vx.kokMh dnkp l{khdj.k dj.k-
- 4- Xkkeh.k nxe o vkfnoklh Hkkxkr vkjx; f'k{k.k n.k- ;k Hkkxkrhy ture/; dik'.k fo'k;d tu tkxrh dj.k-
- 5- dik'.k.kp iek.k deh dj.;k lkbh "kklukckj egkuxjikfydk] uxjikfydk] xkeipk;r] Lo;loh lLFkk] efgyk eMG] cprxv ;kuh ;k; rh enr dj.k vko";d vkg-
- 6- nkfjn; o cjt'xkjhp iek.k deh dj.;k lkbh jkt'xkjk; ok< dj.k-
- 7- Ekkrkuk vkjx; o ik'.k fo'k;d f'k{k.k n.k-
- 8- dik'.k J.kh 3 o 4 e/khy ckyd lkbh vkjx; o ik'.k fo'k;d lfo/kk feGou n.k- ;k J.khe/khy ckydkuk fno lkr fdeku nku oGk ij"kk iek.kkr plxY; ik'kd vkgjkpk ijoBk dj.k-

fu"d'k l&

,dkfred ckyfodkl lok ;ktur ;k ioh eykuk 1]2]3 o 4 J.khe/; foHkktu dj.;kr ;r gkr- J.kh 3 o 4 e/khy eykuk vfrdik'kr loxkr ekty tk;p- "kkluku tkxfrd vkjx; l?kVuP;k uohu fud'kph veyctko.kh dj.;kl tu 2010 iklul :okr dyh- vkf.k uohu fud'kkiek.k eykph QDr 3 Hkkxkr J.khdj.k dy tkr- uohu fud'kkr 3& ,lMh Eg.kt fro deh otukp ckyd] 2& ,lMh e/;e deh otukp ckyd o lo lk/kkj.k ckyd vl J.khdj.k dy tkr vkg-

,dkfred ckyfodkl lok ;ktuk gh ,d ekrk o ckyfodklkP;k n'Vhu vfr"k; egRokph ;ktuk vkg- rh li.k Hkkjrr jkcfoyh tkr vkg- iLrr vH;kldkp ie[k fu'd'k i<hy iek.k vkg-

- 1- ,dkfred ckyfodkl lok ;ktuvrxr 0 r 6 o'k o;kxVkrhy ey] xjknj o Lrunk ekrk] fd"kkjo;hu eyh] 15 r 45 o;kxVkrhy fL=;k ;kuk ijd ik'.k vkgkj yldj.k] vkjx; rikl.kh] vkgkj o vkjx; f'k{k.k bR;knh lok miyC/k d :u fnY;ku ckydkp dik'.k deh gk.;kl enr >kyh vkg-
- 2- Hkkjrr lolk/kkj.k ckydkp iek.k ok<r vly;kp fun"ku kl vky-
- 3- Egkjk'V jkT; o mLeukckn ftYg;krhy lo lk/kkj.k ckydkp iek.k ok<r vly;kp vk<Gr-
- 4- Egkjk'V jkT; o mLeukckn ftYg;kr dik'.k J.kh 3 e/; ?kV dj.;kr ,dkfred ckyfodkl lok ;ktuk ;"kLoh >kyh vkg-
- 5- dik'.k eDr xke vfhk;kukrxr mLeukckn ftYg;kr ,dkfREd ckyfodkl lok ;ktuP;k kxnku egRoi.k Bjr vkg-

lnHk lph

- 1- vk; lh Mh ,l dk; ekxnf"kd *dvj bfM;k* lekt o efgyk dY;k.k e=ky;] Hkkjr ljdkj- uk0g- 1985 i- Ø- 01
- 2- iokj lotk % vkDVk@fMI- 2008 % *thounkf;uh vkjx; of/kuh ,dkfred ckyfodkl lok ;ktuk * ;"keFku ;"knk] i.k-
- 3- frokjh ,p- vkj- %2006% & *eG?kkV* vFko/k] ejkBh] vFk"kkL= ifj'kn jk'Vh; vf/ko"ku] Jhjkeij] i- Ø- 250-
- 4- oÜki= & *ldkG* vkjxckn] "kØokj] 14 lVcj 2012-
- 5- Dr. Tamara Daley vkf.k brj 2011] The HUNGAMA Survey Report, Citizens Alliance Against Malnutrition Naanadi Foundation, fnYYkh] i- Ø-8
- 6- Navshakti.CO.IN) likndh; Vkd t
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