

ARTICLE REVIEW  
REPORT



# INDIAN STREAMS RESEARCH JOURNAL

International Recognition Multidisciplinary Research Journal

ISSN: 2230-7850 Impact Factor:3.1560 (UIF)

## ORIGINAL ARTICLE

Published:  
1st March. 2015

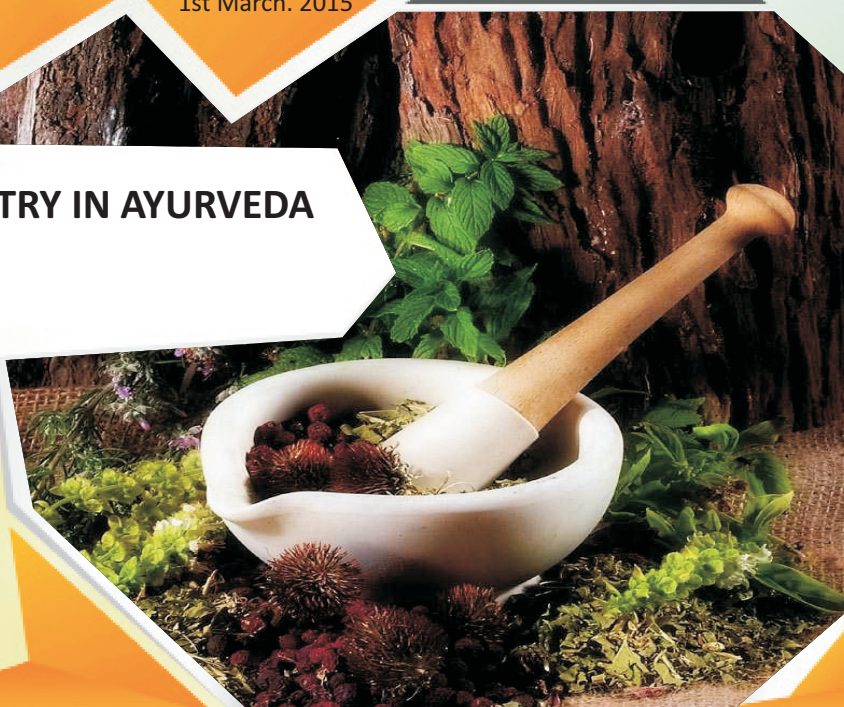
Vol. -V,  
Issue - II, March. 2015

### PSYCHIATRY IN AYURVEDA

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#### ABSTRACT

Psychiatry in Ayurveda integrates mind, body and soul. The mind-body connection is very important in Ayurveda. Physical imbalances can disturb mental state while mental illness leads to disruption of body functions. In Ayurveda many reference of Manas and treatment of manovikara was available which would be easy to understand and rewarding in the field of treatment, by describing the definition of Manas, its functions, qualities,

Article Indexed in



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### Introduction

Ayurvedic theory of health is based on Tridosha. The dynamic balance of Tridosha creates health<sup>1</sup>. Ayurveda defines mental health as a state of mental, intellectual and spiritual well-being.

#### A Good Introduction :-

*Importance of the expected results to the general inquiry. Extremely briefly depict the exploratory configuration and how it achieved the expressed destinations.*

### Materials

Must add materials in your article .

#### A Good Materials :-

*Materials may be accounted for in a different passage or else they may be distinguished alongside your systems. Inc or supplies that are not generally found in research centers.*

### Result

Must add result in your article.

#### A Good Result :-

*Results are as per aims and objective and useful to further research .*

### Conclusion

In the classics of ayurveda, concepts on preservation and promotion of health and prevention of illnesses, descriptions in the chapters devoted to dinacarya (daily regimen) ritucarya (seasonal regimen), sadvrta (code of virtues), roganutpadana (prevention of diseases) and annapanavidhi (rules pertaining to food and drinks).

#### A Good Conclusion :-

*Thus, the research have wider scope for new academicians and research scholars.*

### References

- Sarth vagbhat, ganesh krushna garde, anmol prakashan, reedition 2006 sutrasthan 1/8
- Charakasamhita, English translated by R.K.Sharma and Bhagawan Das, chouxhamba snaskrut sanshtan, Varanasi, edition 2009
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- Charakasamhita, English translated by R.K.Sharma and Bhagawan Das, chouxhamba snaskrut sanshtan, Varanasi, edition 2009, sharir sthan1/20
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- Charakasamhita, English translated by R.K.Sharma and Bhagawan Das, chouxhamba snaskrut sanshtan, Varanasi, edition 2009, sutrasthan 1/57

#### A Good References :-

*There are Places where the Author Swapnil Patil , Vishal Patil , Smita Lokhande and Avinash Chougule Need to Cite a Reference, but Have Not*

## SUMMARY OF ARTICLE

No.		Very High	High	Average	Low	Very Low
1.	Interest of the topic to the readers	✓				
2.	Originally & Novelty of the ideas		✓			
3.	Importance of the proposed ideas		✓			
4.	Timelines			✓		
5.	Sufficient information to support the assertions made & conclusion drawn	✓				
6.	Quality of writing (Organization, Clarity, Accuracy Grammer)	✓				
7.	References & Citation (Up-to-date, Appropriate Sufficient)					

## FUTURE RESEARCH PLANNING:

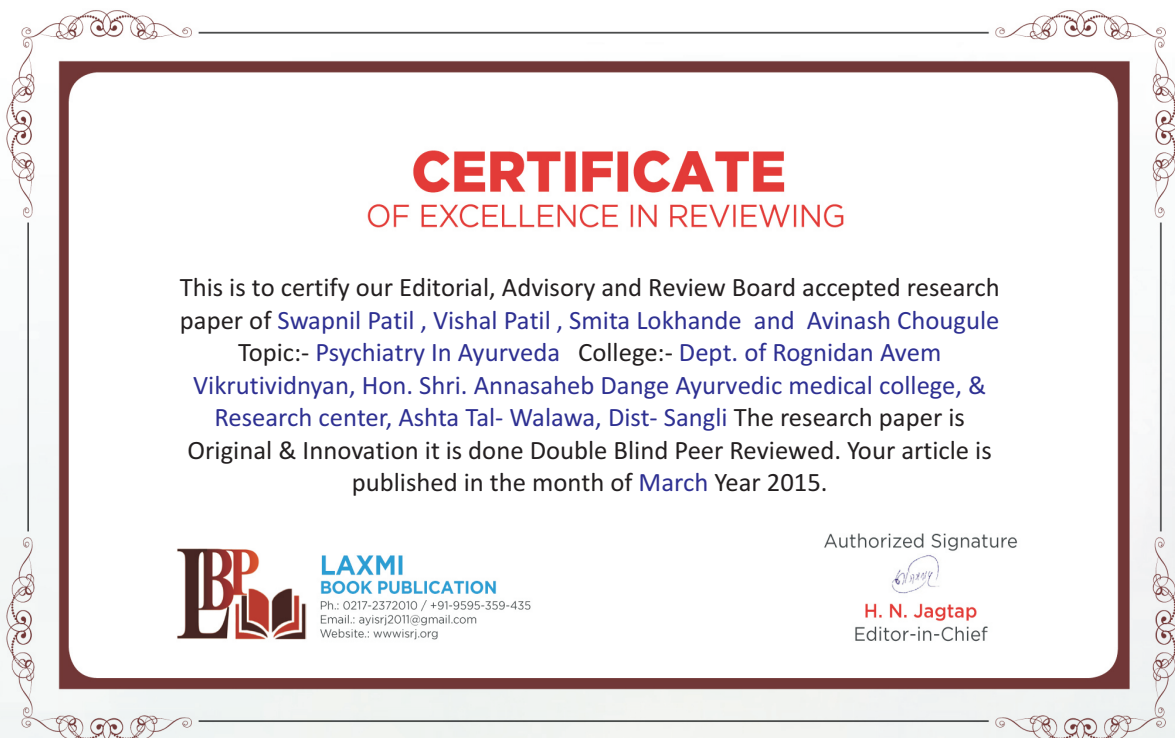
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#### REVIEWER COMMENTS

- This was a superb give an account of extremely intensive examination.
- The writing audit was careful, the approach was carefully exhaustive and fused the utilization of sufficient quantities of tests in dust size examination and blast tests.

Authorized Signature

**Dr. Ashok Yakkaldevi**  
Review Editor

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