



INDIAN STREAMS RESEARCH JOURNAL

International Recognition Multidisciplinary Research Journal

ISSN: 2230-7850 Impact Factor:3.1560 (UIF)

ORIGINAL ARTICLE

Published:
1st April. 2015

Vol. -V,
Issue - III, April. 2015

RELATIONSHIP OF SELECTED LINEAR VARIABLES WITH THE PERFORMANCE IN SHOT PUT IN DISCO PUT STYLE

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ABSTRACT

The purpose of this study was to determine the relationship of selected linear variables with the performance of Shot put in Disco put style. Method: Ten male shot putters were selected as subject. For the establishment of relationship of dependent and independent variables the following tests were employed. Velocity of shot, Velocity of wrist, Height of shot release and Displacement of shot.

Article Indexed in



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Introduction

Biomechanics may be defined as the science, which investigates the internal and external forces acting on a human body and the effects produced by these forces.

A Good Introduction :-

Importance of the expected results to the general inquiry. Extremely briefly depict the exploratory configuration and how it achieved the expressed destinations.

Materials

The present study is based on randomly selected 10 male shot putters who had participated in National level Tournament, aged (16 to 28 years). The data were collected under natural environmental conditions in practice session.

A Good Materials :-

Materials may be accounted for in a different passage or else they may be distinguished alongside your systems. Include or supplies that are not generally found in research centers.

Result

In order to find out the relationship between selected linear variables to the performance of shot putters.

A Good Result :-

Results are as per aims and objective and useful to further research.

Conclusion

1. The height of shot release had positive contribution on the performance of shot put at the release phase.
2. The linear kinematic variables such as displacement of shot travelling, velocity of shot release and velocity of wrist in releasing hand did not have significant relationship with the performance of shot put at the release phase.

A Good Conclusion :-

Thus, the research have wider scope for new academicians and research scholars.

References

- Allen Bashian, Track coach, Colgate university. (1983).
- Aril Selinger. Power Volleyball. Publication - St. Martins press New York; September 1985.
- Harold M. Barrow and Rosemary Mc. Gee., "A practical approach to measurement in Physical Education", (Philadelphia: Kee and Fieber, 1979).
- Johnson F. Beverly, "The Relationship of Hip, Strength and Flexibility to Breast Stroke Kick Power", Completed Research in Health, Physical Education and Recreation 5 (1963) : 72.

A Good References :-

There are places where the author Rajesh Tripathi and Santosh Kumar Pandey need to cite a reference, but have not.

SUMMARY OF ARTICLE

No.		Very High	High	Average	Low	Very Low
1.	Interest of the topic to the readers	✓				
2.	Originally & Novelty of the ideas		✓			
3.	Importance of the proposed ideas	✓				
4.	Timelines			✓		
5.	Sufficient information to support the assertions made & conclusion drawn	✓				
6.	Quality of writing (Organization, Clarity, Accuracy Grammer)	✓				
7.	References & Citation (Up-to-date, Appropriate Sufficient)					

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REVIEWER COMMENTS

- This was a superb give an account of extremely intensive examination.
- The writing audit was careful, the approach was carefully exhaustive and fused the utilization of sufficient quantities of tests in dust size examination and blast tests.

Authorized Signature

Dr. Ashok Yakkaldevi
Review Editor

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