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ORIGINAL ARTICLE

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A COMPARATIVE STUDY OF SPORTS COMPETITION ANXIETY TEST AMONG SUB-JUNIORS, JUNIOR AND SENIORS LEVELS OF BOXERS.



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REVIEW OF THE ARTICLE

A Comparative Study Of Sports Competition Anxiety Test Among Sub-juniors, Junior And Seniors Levels Of Boxers.

Tadang Minu

ABSTRACT:

The problem statement was clear and well articulated The main purpose of the study was to compare sports competitive anxiety test among sub- junior, junior and senior level of boxers. For the purpose of study 90 boxers were selected for each level 30 sub-juniors, 30 junior and 30 senior boxers of North-East State of Sports Authority of India (SAI) centre those who participate up to National Level. The data was collected through the administration of the sport competitive anxiety test (SCAT) developed by Rainer Martens (1977) Containing of 15 test item which assesses an athlete's anxiety level during competition period.

INTRODUCTION:

The introduction provides a good, generalized background of the topic that quickly gives the reader an appreciation Boxing is one of most popular game in the history of mankind. Inboxing it required a high degree of mental toughness and physical fitness. Sports psychology is one of interdisciplinary science that draws on knowledge about sports performance and it till how psychological factors affect the performance of boxers. Anxiety is simply define as state of mind. Anxiety is multidimensional in two different ways. Like all others emotions. Anxiety has both a trait component and a state component.

METHODOLOGY:

The present study was exclusively realized on secondary data sources. It was purely descriptive type of research since it describes the facts relating to the problem. The study was conducted on Sub – juniors, juniors and seniors boxers who participate up to national levels. Overall 90 boxers 30 from Sub – juniors & 30 from junior and 30 from senior were selected for the study.

PRESENTATION OF RESULTS:

The amount of data presented was sufficient and appropriate. Tables, graphs, or figures were used judiciously and agree with the text Above discussion of finding of study it may conclude that sport competition anxiety play major role in sport performance.

REFERENCES:

Prior publication by the author(s) of substantial portions of the data or study was appropriately acknowledged.

RELEVANCE:

The study was relevant to the mission of the journal or its audience. The study addresses important problems or issues; the study was worth doing.

FUTURE RESEARCH SCOPE:

1. Career For Faculty (<http://academicprofile.org/Professor/CareerForFaculty.aspx>)
2. Academic Plan (<http://academicprofile.org/Professor/AcademicPlan.aspx>)
3. Regarding Professor Promotion
(<http://academicprofile.org/Professor/regardingPromotion.aspx>)
4. Fellowship for Post Doctoral (<http://academicprofile.org/Professor/FellowshipForPD.aspx>)
5. Online Course on Research (<http://onlineresearch.in/Default.aspx>)

SUMMARY OF ARTICLE

		Very High	High	Average	Low	Very Low
1.	Interest of the topic to the readers	✓				
2.	Originally & Novelty of the ideas		✓			
3.	Importance of the proposed ideas	✓				
4.	Timelines			✓		
5.	Sufficient information to support the assertions made & conclusion drawn		✓			
6.	Quality of writing(Organization, Clarity, Accuracy Grammer)			✓		
7.	References & Citation(Up-to-date, Appropriate Sufficient)	✓				

Future Research Suggestions

This Article can expand further research for MINOR/MAJOR Research Project at UGC



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