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INDIAN STREAMS RESEARCH JOURNAL

International Recognition Multidisciplinary Research Journal

DOI Prefix: 10.9780 ISSN 2230-7850



ORIGINAL ARTICLE

Vol. VII, Issue: V, June - 2017 Published: 1st June - 2017

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RELATIONSHIP OF SELECTED ANTHROPOMETRIC MEASUREMENTS AND PHYSICAL VARIABLES TO PERFORMANCE IN LONG JUMP



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ARTICLE REVIEW REPORT

Relationship Of Selected Anthropometric Measurements And Physical Variables To Performance In Long Jump

Dr. Xavier Maria Raj

ABSTRACT:

The problem statement was clear and well articulated The study was conducted on selected anthropometrics measurements and physical variables with a purpose to find out the relationship of selected anthropometrics measurements and physical variables to the performance of long jump. Methods: The male long jumpers of Uttar Pradesh State were selected as subject for the study.

INTRODUCTION:

The introduction provides a good, generalized background of the topic that quickly gives the reader an appreciation Anthropometric measurements consist of objective measurements and the function of the body. The measurements of structure include items such as weight, height, length of the limbs, depth and width and circumference of the different part of the body. The body structure of an athlete has a vital influence on his physical performance. Hence the coaches and physical education teacher while selecting their athletes for participating in any competition give due consideration to the technique possessed by the athletes and at the same time they give due weight age to various anthropometric measurements.

METHODOLOGY:

Author has not mentioned any specific methodology. This study was descriptive in nature. Must add methodology in your article. Methodology used to per research topic.

PRESENTATION OF RESULTS:

The amount of data presented was sufficient and appropriate. Tables, graphs, or figures were used judiciously and agree with the text 1. Significant: There was significant correlation between Leg length, Arm length, Agility (shuttle run 4x10yard), Speed (50 Yard dash) and Explosive Leg Strength (standing broad jump) and the performance of long jump. 2. Insignificant: There was no significant correlation between heights, weight to performance. Therefore, it crucial factors for a successive long jump performance whereas height, weight were not important factors influencing performance in long jump.

REFERENCES:

Prior publication by the author(s) of substantial portions of the data or study was appropriately acknowledged.

RELEVANCE:

The study was relevant to the mission of the journal or its audience. The study addresses important problems or issues; the study was worth doing.

FUTURE RESEARCH SCOPE:

- 1. International Upcoming Events in Physics (http://phys.colorado.edu/upcoming-events)
- 2. Upcoming Physics & Astronomy Events (http://www.pa.ucla.edu/events)
- 3. Research Projects in Physics (http://solar.physics.montana.edu/sol_phys/projects.shtml)
- 4. 3rd July 2014 3rd International Conference on Civil Engineering and Materials (ICCEM 2014) (http://www.iccem.org/)
- 5. 1st to 3rd August 2014 3rd Chaos, Complexity and Leadership (http://www.iccls.org)

SUMMARY OF ARTICLE

		Very High	High	Average	Low	Very Low
1.	Interest of the topic to the readers			4		
2.	Originally & Novelty of the ideas	✓				
3.	Importance of the proposed ideas		✓			
4.	Timelines	✓	_			
5.	Sufficient information to support the assertions made & conclusion drawn		1			
6.	Quality of writing (Organization, Clarity, Accuracy Grammer)	4				
7.	References & Citation(Up-to-date, Appropriate Sufficient)			√		

Future Research Suggestions

This Article can expand further research for MINOR/MAJOR Research Project at UGC

