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## ROLE OF PHYSICAL EDUCATION TEACHER IN RURAL COLLEGES

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### Abstract:

*Today is the age of privatization and globalization today education reached to every door. Education and physical education are two sides of a coin. In our country many people living in rural area we want to strength quality education in a rural area. Students from rural area the players of nation. We pay attention to words them.*

*The aim of physical education is to strive for optimum development of an individual in all spheres of life and thus physical activities play vitas role in development of one's personality.*

*Physical education are as professional players or participants teaching or coaching children or adults.*

### INTRODUCTION

#### DEFINITION :-

**1) Jay B. Nash :-** “Physical education is that phase of the whole field of education that deals with big muscle activities and their related responses.”

**2) Jesse Fering Williams :-** “Physical education is the sum of man's physical activities selected as a kind and conducted as to outcomes”

#### PHYSICAL EDUCATION AND HEALTH:-

Today education is source of social change man has arrived on the earth. Before ten lakh years. The wandering man has come closer and society farmed in the society school and colleges are centers for calentures. Student spend match time in the school and collages so we must pay attention to the students the urban colleges have all facilities student got the physical and brain development. In this colleges today student are lazy physical education makes them shaper. He become ill his bearing power going less.

Physical educations attract them for brain and physical development. Today society is having bad hobbies he became weaker. He doesn't able to face the changes. We want to become first in the sports in the world. The country which has healthy citizen that country will be no. one physical education teacher must take efforts for this so that the rural physical education teacher student grains management should take efforts.

In physical education human body remains regular in shape and mussels also became powerful so physical education in necessary in daily life. Physical movements so that human body will remain healthy in future various challenges threats, sorrows are creping in daily life and all these difficulties can be faced successfully with will help to live happily in daily life.

**OBJECTIVE OF PHYSICAL EDUCATION :-**

- 1)To develop physical abilities.
- 2)To develop skill.
- 3)To develop personality.
- 4)To develop thinking.
- 5)To develop physical ability.
- 6)To develop character.
- 7)To use time.
- 8)To develop hobbies
- 9)To develop health.
- 10)To enjoy whole some reaction.
- 11)To develop mental health and efficiency.
- 12)Intellectual development.

**DUTY OF PHYSICAL EDUCATION TEACHER :-**

To arrange parents meeting to inform the information about development of student to his father to develop the skill of student to the parents, to develop the character, to develop the hobbies of the student, To develop the health of the student, to develop thinking system of the body. To develop the knowledge and understanding of the student.

To avoid the negative thinking from the rural student. To develop the love about nation in the students. To develop the unity to the students. To make the students to do research.

There is need and execution for the rural student to make different ground, to take care about it management for drinking water. To build the sports complex in the collage. Badminton, Table tennis, Volleyball, Kabbadi, Kho-Kho, in the collage comply, dress room and the practice room. Gymnasium must be build different activity in the college from that activity rural student will become stronger. Parent should help the college for this activity. Student must stay in the college campus.

**CONCLUSION :-**

Teacher should help the student for development student must be given new information about the sports. New sports and tournament are given to the student opportunities different games tournament are healthful to the student.

Physical education teacher must be alert and firm for the student. physical education teacher should be progressive and charming physical education must clear every doubt of rural student. The basic ideas about the physical education clear by the teacher. To develop personal and social attitudes and adjustments of the student.

The role of physical teacher in rural area is thus important he may use the natural atmosphere and inherent abilities of student and develop their rural skills in to professional ability which will help to find the hidden sports talent in rural India.

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