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# THE BUDDHA'S SUGGESTION FOR THE PEOPLE' GROWTH AND NOT DECLINATION

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### ABSTRACT

To success most of place we need to have guidance and guide. Our parent guide us how to stand, eat, be polite, and speak when we were childhood. Our teacher guide us how to learn about our education. In each bodily exercise teams the trainer guide person who wants to train in their teams. In the other field, the same. In my Article, I will guide to all about the Buddha's suggestion for every field. It aims to the people' growth and not declination.



**KEYWORDS**: The Buddha's suggestion, seven good qualities, people' growth and not declination.

#### **INTRODUCTION**

today, the beings, in the world, are trying to develop in the field of education, science, technology, medicine and army and so on. And also every societies are working to be famous their team more than another. Some people are falling, and some developing. Why? What are these among them? What is the developing peoples' main key? What are the falling peoples' necessaries? We simply, think about this, this is a very simple. They have different things. Ok, I will, here, show and present to all beings to develop about their working the Buddha's suggestion.

The Buddha appears for the welfare of many people in the world. "*buddho loke samuppanno hitāya sabbhapaninam*". If so, what are welfare suggested by the Buddha for all? What are the suggestions to develop? The Buddha addressed and suggested to be perfect with the seven good qualities for developing. If we want to develop in our life, in our society, in our country and in our family, we should know these seven good qualities and should try to train them. In the Mahāparinibbāna Sutt, in Dīganikāya, the Buddha guided these Seven Good Qualities. Let us see.

**Seven good qualities;** The Buddha addressed the seven good qualities leading to welfare of people. 1. So long as they have faith, they will be growth, not decline.

**First suggestion**; The Buddha said the word "*etaṃ saranamāgamma, sabbadukkhā pamuccati*" in Dhammapada. If someone is faithful in the three gem, he or she can escape from all suffering. Someone should be faith the three gems and cause and effect. Faith is a beautiful mental factor. The character of faith is to trust. The function of faith is to clarify. Faith is manifested as the removal of the mind's impurity. To hear of the good dhamma is the proximate cause of faith. If faith guards with wisdom, faith

can be right path. Faith should not be blind, you have to try to see, know and understand about three gems and cause and effect. Faith is called the seed of all wholesome states because, according to commentarial explanations, it inspires the mind. When your mind is relating, your thinking will be bright. At the time, your vision will be clean like a sky lack of cloud. When your mind is seeing everything cleanly, whatever you do, speech and think, everything will be developing. If someone is faithful their power, he or she will face with good result, will be growth and not decline.

2. So long as they have moral shame, they will be growth, not decline.

**Second suggestion**; Noble people are difficult to do bad action, easy to do good action. Bad people are easy to do bad action, difficult to do good action. The character of shame disgusts in bodily and verbal misconduct. Its function is not doing evil. It is manifested as the shrinking away from evil. To respect for self is proximate cause of shame. The Buddha said that people should be shame to do evil action. This action has no good result. This is the law of nature. If people do not be shame to do bad action, they will face with unluckiness. We have to basically avoid five precepts. We should not kill living beings, not still others things, not commit adulterer, not lie and should not drink intoxicate liquid. According to the law of Kamma (action), if we do good deeds, we will get good. Their actions are their possessive things (*kammasakā*), their actions are their heirs (*kammadāyāda*); they derive from their actions (*kammapațisarana*), for all living beings. Moral shame is one of the actions. Every Blessed One preached such as "Don't do evil things, live to be perfect with good things and purify oneself-mind." So, if you want to be growth and not decline, you have to avoid from doing misdeeds.

3. So long as they have fear of misconduct, they will be growth, not decline.

**Third suggestion**; Fear of misconduct does to make beauty the world and is guarding and protecting the world. Because, the Buddha said as 'the nature protected the world' the shame from doing bad action and fear of misconduct. These two shameless and fearless are low dhamma or nature. The fear of misconduct has the characteristic of dread on regard to such wrongdoing. The function of fear of misconduct is not doing evil. It is manifested as the shrinking away from evil. To respect for others is proximate cause of fear of misconduct. People cannot attend noble place with low mind. Not to fear of misconduct is unwholesome. The result of unwholesome is bad, and there is fault. The cause of unwholesome is unwise attention. That is why, by doing committing misconduct we cannot attend success. The Buddha said as "action creates all beings" as they are. So, if people want to be growth and not decline, they should avoid from fear of misconduct.

4. So long as they have proficient in learning, they will be growth, not decline.

**Fourth suggestion**; The wrong growing is useless for life. The taught based on self is useless for one that wants to grow the notion of non-self. If we want to be proficient in learning, we will train it again and again. That is called in Pali literature as 'Bāhulīkata'. It is not enough only one time training. Venerable Ānandā also taught his relationship to approach knowledgeable person. In the Dhammapa the Buddha said as following; 'the man of little learning grows old like a bull. He grows only in bulk, but, his wisdom does not grow'. We have to approach person who can give to get the thing that we want. The more you learn the more you know. The more you know the more you are successful. So, if you want to be growth and not decline, you have to learn to be proficient.

5. So long as they have resolute mind, they will be growth, not decline.

**Fifth suggestion**; There is no the work not finished for the resolute person. It is perfect the things not thinking for resolute person. The king of Deva said his son called 'Suvīra', go yourself if it is place gained without effort and show me. Resolute mind is the action of one who is vigorous. The character of resolute mind is supporting. The function of resolute is to support its associated states. Manifestation of resolute mind is non- collapse. The proximate cause of resolute mind is a sense of urgency. Among the Buddha's ten perfection, effort is one of them. To be a Buddhahood resolute mind or effort is really necessary. Even he attend enlightenment he did not reduce his effort. The same for us, lack of effect gives up the things we should get. If we detail learn his life that he work until the last time. There are for right efforts in Theravāda lecture as following;

- 1. Effort for the non-arising of unskillful states.
- 2. Effort for the abandoning of unskillful states.
- 3. Effort for the arising of skillful states.
- 4. Effort for the sustaining for skillful states

Everything can finish for the strong effort. The more you try to know with effort the more you are successful. So, if we want to be growth and not decline, we have resolute mind or effort.

6. So long as they have mindfulness, they will be growth, not decline.

**Sixth suggestion**; Mindfulness is important matter in our work or journey. In the educational field, in the leadership field, in the management field and another field mindfulness is very necessary. The character of mindfulness is not floating away from the object. The function of mindfulness is not forgetfulness. Mindfulness is manifested as guardianship. To be strong perception is the proximate cause of mindfulness. In Mahāsatipaṭṭhāna Sutta, the Buddha addressed for the meditator to have mindfulness. If we have not mindfulness, we cannot focus in our work. We cannot attend until the end as no have mindfulness. In the meditational field, if you have mindfulness, it is enough for everything. The same, in educational field, if we can eradicate defilement, it is cause of development of wisdom. The Buddha said as "everything will finish only you have mindfulness." So, if you want to be growth and not decline, you have mindfulness.

7. So long as they have wisdom, they will be growth, not decline.

**Seventh suggestion**; Today, wise people lead with their wisdom the world. In the  $P\bar{a}li$  literature, there are two words  $Pa\tilde{n}n\bar{a}$  and  $Pa\tilde{n}navanta$ .  $Pa\tilde{n}n\bar{a}$  means distinguish knowing. You try to know deeply or clearly and distinguish, as you try, you know. If so, you have 'wisdom'. We can call as 'wise person' only distinguish knowing on everything. Here,  $Pa\tilde{n}navanta$  means 'wise person'. There are three words, in the Abhidhamma, wisdom ( $pa\tilde{n}n\bar{a}$ ), knowledge ( $n\bar{a}na$ ) and non-delusion (*amoha*). These are used synonymously. The character of wisdom is penetration things as they are. The function of wisdom illuminates the objective field like a lamp. Wisdom is manifested as non-bewilderment. Wise attention is the proximate cause of wisdom. If wisdom guards with faith, wisdom can be right path. It is a meaningful life base on meaningful philosophy which is unselfish love based on wisdom. So, if you want to be growth and not decline, you have to try to know with wisdom.

#### **CONCLUSION**;

in the Majaparinibbana Sutta, the Buddha addressed as follow;

"Dear scholar, worker and founder! So long as, you have these seven good qualities leading to your welfare, and you are known for if, your growth is to be expected, not decline." If we want to be successful, not fail, be growth and we don't want to decline, we should need to try to be perfect with these seven good qualities. These seven good qualities are doctrine. By practicing doctrine we can get success. Only by practicing doctrine, we will feel the best.

## May all beings be successful, happy and peaceful.

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