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ORIGINAL ARTICLE





"Adjustment Level Of Secondary School Going Students In Rural Area."

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Abstract:

The present research studies principally aimed to examine the adjustment level of secondary school going Boys and Girls Student in rural area. In this research, Student's gender is independent variables and adjustment level is dependent variable. This study is comparative among school going Boys and Girls student in the terms of their home adjustment, health adjustment, social adjustment, emotional adjustment, school adjustment. The study is completed on sample 80 in secondary school going Student (40 Boys and 40 Girls Student) at studying in 9th class. This sample is collected from rural area. A.K.Singh and A.Sen Gupta's High-School Adjustment Inventory is used for home adjustment, health adjustment, social adjustment, emotional adjustment, school adjustment this five adjustment areas measured. Lastly the study resulted that, 1) No significant difference among secondary school going Boys and Girls student in rural area in the terms of their home adjustment, social adjustment, school adjustment level. 2) Significant difference among secondary school going Boys and Girls student in rural area in the terms of their health adjustment, emotional adjustment level.

KEYWORDS:

Adjustment level, Secondary School, Rural Area.

INTRODUCTION

Adjustment is a psychological concept. Adjustment is personal level but Continuous and Mental process. Every person birth to death adjusts himself and his environment. Because, good adjustment level must be Developmental and successful life. Person adjusts his life in every fields such as, Personal Adjustment, Family Adjustment, Peer group Adjustment, Social Adjustment, School Adjustment, Interpersonal Adjustment, Marital Adjustment, Professional. Adjustment. Some people adjustment very excellent to themselves and their environment but some people can't. They good adjust to themselves and their environment, they successful in life but they do not adjustment themselves and their environment they are unsuccessful in life. Various factor influences on person's adjustment.

In this research, researcher has studied significant differences or not significant differences among Boys and Girls Student of secondary school going in rural area in terms of their adjustment level such as, home adjustment, health adjustment, social adjustment, emotional adjustment, and school adjustment. This present research study is beneficial for Student, Parents, Teachers, Educationalist, Psychologist, Society and Government.

OBJECTIVES OF THE STUDY

- 1.To study the adjustment level of the secondary school Student in rural area.
- 2.To compare the adjustment level among student of Boys and Girls in secondary school going in rural area.

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- 3.To find out the significant difference of secondary school going Boys and Girls student in rural area in term of their home adjustment.
- 4. To find out the significant difference of secondary school going Boys and Girls student in rural area in term of their health adjustment.
- 5.To find out the significant difference of secondary school going Boys and Girls student in rural area in term of their social adjustment.
- 6.To find out the significant difference of secondary school going Boys and Girls student in rural area in term of their emotional adjustment.
- 7.To find out the significant difference of secondary school going Boys and Girls student in rural area in term of their school adjustment.

HYPOTHESIS OF THE STUDY

- 1. There is no significant difference in the Adjustment level in secondary school going Boys and Girls student in rural area.
- 2. There is no significant difference in the Home Adjustment level in secondary school going Boys and Girls student in rural area.
- 3. There is no significant difference in the Home Adjustment level in secondary school going Boys and Girls student in rural area.
- 4. There is no significant difference in the Home Adjustment level in secondary school going Boys and Girls student in rural area.
- 5. There is no significant difference in the Home Adjustment level in secondary school going Boys and Girls student in rural area.
- 6. There is no significant difference in the Home Adjustment level in secondary school going Boys and Girls student in rural area.

METHODS AND PROCEDURE

The present research study researcher has examined the adjustment level of secondary school going both sex Student in rural area. This section researcher explicates the Variables of the Study, Sample, Limitation of the Study, Scope of the Study, Tools of the Research study, Statistical Analysis and Interpretation. Survey method is used for the collection of the data.

VARIABLES OF THE STUDY:

The present research is comparative study about adjustment level of secondary school going Boys and Girls Student in rural area. The present research, Student Gender is independent Variables and adjustment level such as, home adjustment, health adjustment; social adjustment, emotional adjustment and school adjustment are dependent variables. It is showed in the following table No.1.

Table No. 1

Independent Variables	Dependent variables			
	Adjustment Level:			
Student Gender:	1) Home Adjustment			
1) Boys Student	2) Health Adjustment			
2) Girls Student	3) Social Adjustment			
	4) Emotional Adjustment			
	5) School Adjustment			



Sample of the Selection:

In the present research, researcher has selected the 80 sample of secondary school going Student in rural area. This Student studying in 9th class. Selected 80 sample Student are equally divided such as, 40 Boys Student and 40 Girls Student. The age range 14 to 15 years. These Student were given and solved A. K. Singh and A. Sen Gupta's, High- School Adjustment Inventory (HSAI).

Limitation of the Study:

Following are limitation in the present research.

- 1. The present research is only on secondary school Student of both sex in rural area.
- 2. The present research studies only rural area in 9th standard of both sex Student.

Scope of the Study:

Following are scope in the present research.

- 1. This research completed on rural area.
- 2. The present research completed secondary school going of both sex Student their terms of home adjustment, health adjustment, social adjustment, emotional adjustment, and school adjustment.
- 3. The present study is done on 80 secondary school going Student in rural area. Total sample similarly divided 40 Boys Student and 40 Girls Student.
- 4. The Student age range 14 to 15 years.

Tools of the Research:

For completed this present research researcher has used following psychological inventory for the data collection.

1. High-School Adjustment Inventory (HSAI) A.K. Singh and A. Sen Gupta.

High-School Adjustment Inventory (HSAI) has been developed A. K. Singh and A. SenGupta. The inventory specifically developing for high-school going Student of age range 11to 15 years. This High-School Adjustment inventory home adjustment, health adjustment, social adjustment, emotional adjustment, and school adjustment in these five adjustment areas measured of high-school Student of both sex. HSAI are 150 items.

Statistical Analysis and Interpretation:

Researcher has used mean, standard deviation and 't' test for statistical analysis and interpretation of the data. Statistical analysis is show the following table no.2 and 3.

Table No. 2

	Sr. No.	Variables	Groups	Mean	S.D.	Total No. of Student	't' Value
0)1	Adjustment	Boys Student	104.375	16.279	40	.710*
		Level	Girls Student	101.875	15.158	40	

^{*} Not Significant at 0.05 and 0.01

Researcher has examined the Adjustment level between secondary school going Boys and Girls Student.

H1: Above table No.2. Shows the Boys Student adjustment level mean is 104.375 and 16.279 is standard deviation. Like that the Girls Student adjustment level mean is 101.875 and 15.158 is standard deviation.



The Boys Student mean score is more than Girls Student mean score. 't' Value is .710. The .710 't' value is not significant on 0.05 and 0.01 level table value. So not significant difference in the adjustment level in secondary school going Boys and Girls Student in rural area. Because, calculated value is less than table value. So here hypothesis no.1 is accepted.

Table No.3

Sr. No.	Adjustment Variables	Groups	Mean	S.D.	't' Value
01	Home Adjustment	Boys Student	21.700	3.443	
		Girls Student	22.100	3.087	.547*
02	Health Adjustment	Boys Student	23.375	4.829	
		Girls Student	23.375	3.970	5.058
03	Social Adjustment	Boys Student	18.300	4.171	
		Girls Student	17.150	3.827	1.284*
04	Emotional Adjustment	Boys Student	20.300	4.232	
		Girls Student	17.550	4.872	2.695
05	School Adjustment	Boys Student	21.000	4.552	
		Girls Student	21.775	3.866	.820*

* Not Significant at 0.05 and 0.01

Researcher has examined the Adjustment level such as home adjustment, health adjustment, social adjustment, emotional adjustment, and school adjustment between secondary school going Boys and Girls Student. Above table no.3 Shows the Boys and Girls Student adjustment level of five areas.

H2: The table no.3, Boys home adjustment level mean is 21.700 and 3.443 is standard deviation. Like that the Girls Student adjustment level mean is 22.100 and 3.087 is standard deviation. Girls Student mean score more than Boys Student. And 't' value is .547.calculated 't' value not significant at 0.05 and 0.01 level. So not significant difference in the home adjustment level in secondary school going Boys and Girls Student in rural area. Because, calculated value is less than table value. So here hypothesis no.2 is accepted.

H3: The table no.3, Boys Student health adjustment level mean is 23.375 and 4.829 is standard deviation and Girls Student health adjustment level mean is 23.325 and 3.970 is standard deviation. Boys Student mean score more than Girls Student mean score. 't' value is 5.058. This calculated 't' value significant at 0.05 and 0.01 level. So significant difference in the health Adjustment level in secondary school going Boys and Girls Student in rural area.so here hypothesis no.3 is rejected.

H4: The table no 3, Boys Student social adjustment level mean is 18.300 and 4.171 is standard deviation and Girls Student social adjustment level mean is 17.150 and 3.827 is standard deviation. Boys Student mean score more than Girls Student mean score. and 't' value is 1.284. This calculated 't' value less than table value on significant 0.05 and 0.01 level. So not significant difference in the social Adjustment level in secondary school going Boys and Girls Student in rural area. So here hypothesis no.4 is accepted.

H5: The table no 3, Boys Student emotional adjustment level mean is 20.300 and 4.232 is standard deviation and Girls Student emotional adjustment level mean is 17.550 and 4.872 is standard deviation. Boys Student mean score more than Girls Student mean score. 't' value is 2.695 . This 2.695 calculated 't' value significant at 0.05 level. So significantly difference in the emotional Adjustment level in secondary school going Boys and Girls Student in rural area, so here hypothesis no.5 is rejected.



H6: The table no 3, Boys Student school adjustment level mean is 21.000 and 4.552 is standard deviation and Girls Student school adjustment level mean is 21.775 and 3.866 is standard deviation. Boys Student mean score less than Girls Student mean score. and 't' value is .820. This .820 calculated 't' value significant at 0.05 and 0.01 level. So not significant difference in the school adjustment level in secondary school going Boys and Girls Student in rural area. So here hypothesis no.6 is accepted.

CONCLUSIONS

- 1. No significant difference among secondary school going Boys and Girls Student in rural area in the term of there whole adjustment level.
- 2. No significant difference among secondary school going Boys and Girls Student in rural area in the term of there home adjustment level. Boys and Girls Student home adjustment level almost equally.
- 3. There is significant difference among secondary school going Boys and Girls Student in rural area in the term of there health adjustment level. Boys student's health adjustment level is more than Girls health adjustment level.
- 4. No significant difference among secondary school going Boys and Girls Student in rural area in the terms of their social adjustment level. Boys and Girls Student' social adjustment level always similar.
- 5. There is significant difference among secondary school going Boys and Girls Student in rural area in the terms of there emotional adjustment level. Boys Student emotional adjustment level is more than Girls health adjustment level.
- 6. No significant difference among secondary school going Boys and Girls Student in rural area in the terms of there school adjustment level. Boys and Girls Student school adjustment level always similar.

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