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## DECLINE IN WOMEN SPORTS PARTICIPATION AT INTERCOLLEGIATE COMPETITIONS

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**Abstract:**-Indian woman in competitive sports are far behind their western counterparts from the point of view of either participation or achievement. This poor record might be attributed to the Indian traditions and customs which even today are ruled by age old belief based on superstitions rather than scientific principles. In recent times women are increasingly participating in competitive sports. The purpose of the study was to assess the opinion of students regarding decline in sports participation at intercollegiate women competition. The study was conducted on 90 women respondents of Degree Colleges affiliated to Bangalore University, Bangalore, Karnataka. The Opinionnaire pertaining to Identification of Factors for Decline in Sports Participation prepared by the researcher was used for the present study. The Chi-square statistical technique was adopted for the present study. It was concluded that there was significant relationship of Students' Opinion towards decline in sports participation at intercollegiate women competitions and type of Management and Level of Participation. More students opined that sports women were agreed lack of fund and facilities and they need moral support and encouragement from the parents and college management side. Women must be empowered through participating in sport and this will increase the number of women participating in sport at college levels.

**Keywords:** Decline, sports participation, competition.

### 1.INTRODUCTION

Physical Education in the present day world has achieved its due recognition as a part of the system of education. It tries to achieve the objectives of education through meaningful programme of well planned activities. Indian woman in competitive sports are far behind their western counterparts from the point of view of either participation or achievement. This poor record might be attributed to the Indian traditions and customs which even today are ruled by age old belief based on superstitions rather than scientific principles. The majority among Indian society believe that women are unfit for competitive physical activity because women are considered to be the weaker and inferior sex. In recent times women are increasingly participating in competitive sports. Through regular routine of vigorous scientific training, a steady progress has been maintained by the women of modern times in the field of competitive sports. The enthusiasm for active participation in the field of sports, through which women attain recognition and extra status in the society, has led to the increased popularity of competitive sports in general and the standard in women sports in particular. Universities form the nucleus for an effective training ground to explore the best of talents in the field of sports. If our women are to achieve a better standard in the field of sports, universities should offer a well planned programme of physical education and sports comprising of sufficient play fields, educationally and professionally trained sports teachers and coaches, modern equipments and the much needed encouragement from the society and the government. The researcher's interest was aroused to identify the factors for decline in sports participation of women at degree college level and their opinion.

### 2.REVIEW OF RELATED LITERATURE

The main purpose of this review of related literature is to have more knowledge and clear insight of the overall field. The researcher traces out different types of research like thesis, journals, relevant books on women sports and magazines. Singh; Singh and Yadav (2013) studied to locate the causes of poor participation of women in games and sports. 20 physical

education sports personnel/teachers of Varanasi and 30 women players from different games and sports from the different faculty/colleges of Banaras Hindu University were selected for present study. Through questionnaire consider five factors namely were sociological point of views, psychological point of views, physiological point of views, economical point of views, and other point of view on which opinion of girl players and athletes were asked. In addition to general descriptive statistics- mean and percentage were used for analysis of data. was mostly affected by sociological factors, economical factors. The psychological factors, physiological factors, other factors (such as political, cultural and religious) were not affecting the women to participate in games and sports.

Rao (2010) investigated on Constraints of Indian Women Participation in Games and Sports. The population under this study was college women who were studying Pre-Degree, Degree and PG Colleges in the Arts, Science and Professional Colleges in India. Thousand women of 25 colleges were selected from 12 states in India on a random sampling basis. They were the subjects for the present study and they were selected from selected states in India. The results concluded that there has been lack of encouragement from the parents and family members. The traditional way of living was a big hurdle for women taking part in games and sports. There was lack of sports orientation of the people living in the society. Taking part in games and sports for women has not been become a common phenomenon.

#### **PURPOSE OF THE STUDY**

The purpose of the study was to assess the opinion of students regarding decline in sports participation at intercollegiate women competition.

#### **SIGNIFICANCE OF THE STUDY**

The women participation in sports has been a cultural concern with a negative connotation. The socio-cultural milieu of each society somehow but invariably has webbed out certain constraint systems which desist women from participation in sports requiring physical prowess. In general, it is considered appropriate that women are born for feminine roles only and sport roles fall out of this social orbit. Therefore the researcher intended to assess the opinion of students regarding decline in sports participation at intercollegiate women competition.

#### **OBJECTIVE OF THE STUDY :**

To assess the opinion of students regarding decline in sports participation at intercollegiate women competition with respect to type of management and level of participation.

#### **HYPOTHESIS OF THE STUDY**

It would be hypothesized that there would not be significant difference in the opinion of students towards decline in sports participation at intercollegiate women competition with respect of type of management and level of participation.

#### **METHODOLOGY :**

**Method :** The present research is an exploratory research.

**Selection of Sample:** The study was conducted on 90 sportswomen of Degree colleges affiliated to Bangalore University, Bangalore, Karnataka.

**Selection of Variables :** The variables selected for the study were Students' Opinion towards decline in sports participation at intercollegiate women competitions, type of management and level of participation.

**Research Tool :** The Opinionnaire pertaining Identification of Factors for Decline in Sports Participation prepared by the researcher was used for the present study. By administering Opinionnaire, it was possible to know their opinion regarding decline in women sports participation. The data was collected through survey method.

Statistical Technique: The Chi-square statistical technique was adopted for the present study.

#### **ANALYSIS AND DISCUSSION OF RESULTS**

Table-1: Relationship of Students' Opinion towards decline in sports participation at intercollegiate women competitions and type of Management and Level of Participation.

Variables			Opinion towards Decline in Sports Participation		Total	χ <sup>2</sup> Value
			Low	High		
Type of Management	Government	No.	17	13	30	32.035
		%	12.30	17.70	30.00	
	Private Aided	No.	20	10	30	
		%	12.30	17.70	30.00	
	Private Unaided	No.	0	30	30	
		%	12.30	17.70	30.00	
Level of Participation	Intercollegiate	No.	31	11	42	35.072
		%	17.30	24.70	42.00	
	Interuniversity	No.	4	34	38	
		%	15.60	22.40	38.00	
	State	No.	2	8	10	
		%	4.10	5.90	10.00	

From the table-1 revealed that the relationship of Relationship between Type of Management and Students' Opinion towards decline in sports participation at intercollegiate women competitions. This implies that there is significant relationship of Students' Opinion towards decline in sports participation at intercollegiate women competitions and their studying type of Management and level of participation. The calculated value of 2 (32.03 and 35.07) are greater than the table value of 2 (5.99) at P≤ 0.05 level, df=2. This implies that there was relationship between the groups. The statistical significance but does not express the magnitude of relationship, the coefficient of contingency was used in determining the strength of relationship. The coefficient of calculated contingency was C=0.53. and 0.51. It was found that type of management, level of participation as a parameter has significant role on women sports participation at intercollegiate level. The Government and private aided college students opined that sportswomen more decline in sports participation and who have participated at intercollegiate have opined that more decline in sports participation at intercollegiate competitions.

CONCLUSION :

It was concluded that there was significant relationship of Students' Opinion towards decline in sports participation at intercollegiate women competitions and type of management and level of participation. Currently, sport for women represents a fast growing changing element in Indian culture, and recent trends have sparked a need for knowledge about the women sport participation. Lack of fund, lack of facilities, lack of interest of sports women. The government and private aided institutions should provide more intercollegiate competitions along with encouragement, moral support, funds and adequate sports facilities. Most of the students opined that sports women were agreed lack of fund and facilities and they need moral support and college management side. Women must be empowered through participating in sport and this will increase the number.

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