#### ISSN No: 2230-7850

## International Multidisciplinary Research Journal

## Indian Streams Research Journal

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#### RNI MAHMUL/2011/38595

ISSN No.2230-7850

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## ISRI Indian Streams Research Journal



## "AN EFFECT OF ATTITUDE SCORE TOWARDS TRAINING PROGRAMMES ON THE EMOTIONAL INTELLIGENCE OF TEACHER TRAINEES OF B.ED.

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#### **ABSTRACT**

his paper presents empirical evidence on the links between Attitude score towards Training Programmes and Emotional Intelligence of the Teacher Trainees of B.Ed. It describes how Attitude score towards Training Programmes may directly or indirectly impact on Emotional Intelligence of the Teacher Trainees of B.Ed.The sample included 400 Teacher Trainees of B.Ed.were selected for the study by the purposive random sampling technique, Tools: 1) Emotional Intelligence Scale by Anukool Hyde and SanjyotPethe 2) An Attitude Scale on training programmes of B.Ed. constructed by Researcher keeping in view of different components of Training programmes were used for data collection. The Karl-Pearson's correlation coefficient technique was adopted for data analysis. There is a positive significant relationship between. Attitude score towards Training Programmes and Emotional Intelligence of the Teacher Trainees of B.Ed.in Karnataka.

**KEYWORDS :** Training Programmes, Emotional Intelligence and Attitude.

#### INTRODUCTION

Teaching is a profession-indeed a noble one, conceptually and ideally. It is also different from other professions because of its multitude of dimensions. Teachers are the largest professional group engaged in human development activities. It is only in the case of teaching there is much more that is required to be accomplished than in the case of other professions. Training of the practitioners is considered to be one of the important characteristics of a profession. Therefore, in



order to befit the teachers to their roles, a sound professional training and positive attitude towards training programmes is needed.

#### 1. Meaning of Teacher Training:

Simply and briefly the program of teacher preparation was called teacher training. It prepared teachers as mechanics or technicians. Teacher training would include providing teaching skills and practice in the different techniques, approaches and strategies that would help the teachers to plan and impart instruction, provide appropriate reinforcement and conduct effective assessment. It includes effective classroom management skills, preparation and use of instructional materials and communication skills. Teacher training encompasses teaching skills, sound pedagogical theory and professional skills.

#### 2. Emotional Intelligence:

Emotional intelligence is not being nice; it does not mean giving free reign to feelings; nor is it fixed genetically; nor allowing one's emotional and prejudices to get the better of one's judgment. Instead emotional intelligence is the new yardstick, which is increasingly applied to judge a person, to find out how for one excels in one's life. Therefore it calls for harmonization of head and heart". "Emotional intelligence as the capacity for recognizing our own feeling and those of others, for motivating ourselves, and for managing emotions well in ourselves and in our relationships." Emotional intelligence involves areas such as i) Identifying emotions ii) Using emotions iii) Understanding emotions iv) Managing of emotions.

#### 3. Attitude:

Attitude is the underlying way we think, feel and act - how we react to the world around us. It determines the quality and effectiveness of all of our thinking, emotions and behavior and, thereby, the positive or negative consequences of that behavior.

#### 5. Need and Importance the Study

The present study aims to investigate the Effect of Attitude towards training programmes on the Emotional Intelligence of Teacher trainees of B.Ed. It attempts to shows the effect of attitude towards training programmes on the emotional Intelligence of the teacher trainees. Emotional Intelligence is defined in the terms of self-awareness, self-regulation, motivation, empathy and social skills and training programmes is defined in terms of micro-teaching, demonstration lessons, lesson observations, cultural programmes and sports activities. The findings reveal that positive attitude towards training programmes greatly influences emotional intelligence of the teacher trainees of B.Ed. Keeping all the above mentioned points in mind, the researcher decided to take up the above study to assess training programmes and emotional intelligence of teacher trainees of B.Ed. Also review of related literature revealed that there is not much research work has been done on Training programmes and Emotional Intelligence. Sensing the gap the researcher has conducted this study to contribute something to this field.

#### 6. Review of Related Literature

- 1. Studies Related to the Training Programmes
- 2. Studies Related to the Emotional Intelligence
- 3. Studies Related to the Attitude
- 7. Statement of Problem

"An Effect of attitude score towards Training programmes on the Emotional Intelligence of the Teacher Trainees of B.Ed.

#### 8. Objectives of Study

The following objectives were framed for the present study;

- 1. To investigate the relationship between emotional intelligence and attitude scores towards training programmes and its dimensions of male and female teacher trainees
- 2. To investigate the relationship between emotional intelligence and attitude scores towards training programmes and its dimensions of rural and urban teacher trainees
- 3. To investigate the relationship between emotional intelligence and attitude scores towards training programmes and its dimensions of arts and science subject teacher trainees
- 4. To investigate the relationship between emotional intelligence and attitude scores towards training programmes and its dimensions of Low SES and high SES teacher trainees
- 5. To investigate the relationship between emotional intelligence and attitude scores towards training

programmes and its dimensions of SC/ST caste and GM caste teacher trainees

#### 9. Hypothesis

In pursuance of objectives 1 to 5 the null hypotheses were set up for the present study.

- 1. There is no significant relationship between emotional intelligence and attitude scores towards training programmes and its dimensions ofmale and female teacher trainees
- 2. There is no significant relationship between emotional intelligence and attitude scores towards training programmes and its dimensions of rural and urban teacher trainees
- 3. There is no significant relationship between emotional intelligence and attitude scores towards training programmes and its dimensions of arts and science subject teacher trainees
- 4. There is no significant relationship between emotional intelligence and attitude scores towards training programmes and its dimensions of Low SES and high SES teacher trainees
- 5. There is no significant relationship between emotional intelligence and attitude scores towards training programmes and its dimensions of SC/ST caste and GM caste teacher trainees

#### 10. Design of the Study

#### Method

The present study intends to investigate the relationship between emotional intelligence and attitude scores towards training programmes and its dimensions of teacher trainees of B.Ed. The nature of present study is Descriptive survey.

#### Sample

For the present study random sampling technique wasused. Total 400 B.Ed. trainees were selected randomly for the present study.

#### • Data gathering tools

The tools used in the present study are as follows

- 1. The Emotional Intelligence Scale by Anukool Hyde and Sanjyot Pethe
- 2. Attitude Scale on training programmes of B.Ed. constructed by Researcher keeping in view of different components of Training programmes.

#### Data collection procedure

Printed copies of Emotional Intelligence Scale developed by Anukool Hyde and SanjyotPethe (2001), and Attitude scale on training programmes for B.Ed. teacher trainees developed and standardized by the investigator were administered to the teacher trainees studying different B.Ed. colleges in Karnataka. The filled in data from teacher trainees of B.Ed. have been collected by the investigator. The responses were given by the teacher trainees of B.Ed. were relevant to the subject.

Prior to the administration of the different tools the permission from the Principals of all the selected B.Ed. colleges were taken for the collection of data. Along with the different tools the personal information of the teacher trainees of B.Ed. was obtained.

#### Statistical technique

1. Simple Correlation analysis

#### 11. Analysis and Interpretation of Data

#### **Simple Correlation**

In order to find out the relationship between dependent variable with independent variables, the correlation coefficients were obtained. The correlation coefficient is calculated by using the Karl-Pearson's correlation coefficient method.

1. Hypothesis: There is no significant relationship between emotional intelligence and attitude scores towards training programmes and its dimensions (i.e. micro teaching, demonstration of lessons, lesson observation and sports and cultural activities) of male and female teacher trainees

Table: 1 and 2.Results of correlation coefficient between emotional intelligence and attitude scores towards training programmes and its dimensions (i.e. micro teaching, demonstration of lessons, lesson observation and sports and cultural activities) of male and female teacher trainees

| Variables                      | Correlation bet | Correlation between emotional intelligence of male |         |  |
|--------------------------------|-----------------|--|---------|--|
|                                | 1               | teacher trainees with                              |         |  |
|                                | r-value         | r-value t-value p-value                            |         |  |
| Attitude                       | 0.7219          | 14.6810  | 0.0001* |  |
| Micro teaching                 | 0.4159          | 6.4353   | 0.0001* |  |
| Demonstration of lessons       | 0.4732          | 7.5577   | 0.0001* |  |
| Lesson observation             | 0.3668          | 5.5484   | 0.0001* |  |
| Sports and cultural activities | 0.4343          | 6.7834   | 0.0001* |  |

<sup>\*</sup>p<0.05 indicates significant at 5% level of significance

| Variables                      | Correlation between emotional intelligence of female teacher trainees with |         |         |
|--------------------------------|--|---------|---------|
|                                | r-value t-value p-value  |         |         |
| Attitude                       | 0.7100   | 14.1867 | 0.0001* |
| Micro teaching                 | 0.6331   | 11.5102 | 0.0001* |
| Demonstration of lessons       | 0.1833   | 2.6236  | 0.0001* |
| Lesson observation             | 0.0541   | 0.7617  | 0.4474  |
| Sports and cultural activities | 0.4598   | 7.2864  | 0.0001* |

<sup>\*</sup>p<0.05 indicates significant at 5% level of significance From the results of the above tables, it can be seen that,

- ★ There is positive significant relationship between emotional intelligence and attitude scores towards training programmes and its dimensions of male teacher trainees (i.e. micro teaching scores towards training programmes of male teacher trainees (r=0.4159, p<0.05) at 5%, demonstration of lessons scores towards training programmes (r=0.4732, p<0.05) at 5% and sports and cultural activities scores towards training programmes (r=0.4343, p<0.05) at 5% level of significance.)</p>
- → There is positive significant relationship between emotional intelligence and attitude scores towards training programmes and its dimensions (micro teaching,demonstration of lessons andsports and cultural activities)of female teacher trainees(i.e. micro teachingscores towards training programmes of female teacher trainees (r=0.6331, p<0.05) at 5%,demonstration of lessons scores towards training programmes (r=0.1833, p<0.05) at 5% and sports and cultural activities scores towards training programmes (r=0.4598, p<0.05) at 5% level of significance).But a non-significant and positive correlation was observed between emotional intelligence and dimension of attitude i.e. lesson observation scores towards training programmes of female teacher trainees (r=0.0541, p>0.05) at 5% level of significance.
- **2. Hypothesis:** There is no significant relationship between emotional intelligence and attitude scores towards training programmes and its dimensions (i.e. micro teaching, demonstration of lessons, lesson observation and sports and cultural activities) of rural and urban teacher trainees

**Table: 3 and 4.** Results of correlation coefficient between emotional intelligence and attitude scores towards training programmes and its dimensions (i.e. micro teaching, demonstration of lessons, lesson

observation and sports and cultural activities) of rural and urban teacher trainees

| Variables                      | Correlation between emotional intelligence of rural teacher trainees with r-value p-value |         |         |
|--------------------------------|---|---------|---------|
|                                |   |         |         |
| Attitude                       | 0.7458  | 15.7517 | 0.0001* |
| Micro teaching                 | 0.4716  | 7.5255  | 0.0001* |
| Demonstration of lessons       | 0.4824  | 7.7486  | 0.0001* |
| Lesson observation             | 0.2620  | 3.8207  | 0.0002* |
| Sports and cultural activities | 0.5208  | 8.5836  | 0.0001* |

\*p<0.05 indicates significant at 5% level of significance

| Variables                      | Correlation between emotional intelligence of urban teacher trainees with |         |         |
|--------------------------------|---|---------|---------|
|                                | r-value t-value p-value   |         |         |
| Attitude                       | 0.6840  | 13.1951 | 0.0001* |
| Micro teaching                 | 0.5870  | 10.2015 | 0.0001* |
| Demonstration of lessons       | 0.1488  | 2.1167  | 0.0355* |
| Lesson observation             | 0.2309  | 3.3385  | 0.0010* |
| Sports and cultural activities | 0.3859  | 5.8861  | 0.0001* |

<sup>\*</sup>p<0.05 indicates significant at 5% level of significance From the results of the above tables, it can be seen that,

- → There is positive significant relationship between emotional intelligence and attitude scores towards training programmes and its dimensions of rural teacher trainees (i.e. micro teaching scores towards training programmes of rural teacher trainees (r=0.4716, p<0.05) at 5%, demonstration of lessonsscores towards training programmes (r=0.4824, p<0.05) at 5%, lesson observation scores towards training programmes (r=0.2620, p<0.05) at 5% and sports and cultural activitiesscores towards training programmes (r=0.5208, p<0.05) at 5% level of significance.)
- → There is positive significant relationship between emotional intelligence and attitude scores towards training programmes and its dimensions of urban teacher trainees (i.e. micro teaching scores towards training programmes of urban teacher trainees (r=0.5870, p<0.05) at 5%, demonstration of lessons scores towards training programmes(r=0.1488, p<0.05)at 5%, lesson observation scores towards training programmes(r=0.2309, p<0.05)at 5% and sports and cultural activities scores towards training programmes(r=0.3859, p<0.05) at 5% level of significance).
- **3. Hypothesis:** There is no significant relationship between emotional intelligence and attitude scores towards training programmes and its dimensions (i.e. micro teaching, demonstration of lessons, lesson observation and sports and cultural activities) of arts and science subject teacher trainees

**Table: 5 and 6.** Results of correlation coefficient between emotional intelligence and attitude scores towards training programmes and its dimensions (i.e. micro teaching, demonstration of lessons, lesson observation and sports and cultural activities) of arts and science subject teacher trainees

| Variables                      | Correlation between emotional intelligence of arts subject teacher trainees with |         |         |
|--------------------------------|--|---------|---------|
|                                |  |         |         |
|                                | r-value  | t-value | p-value |
| Attitude                       | 0.7136   | 14.3351 | 0.0001* |
| Micro teaching                 | 0.5601   | 9.5130  | 0.0001* |
| Demonstration of lessons       | 0.2425   | 3.5166  | 0.0005* |
| Lesson observation             | 0.2947   | 4.3395  | 0.0001* |
| Sports and cultural activities | 0.4332   | 6.7637  | 0.0001* |

\*p<0.05 indicates significant at 5% level of significance

| Variables                      | Correlation between emotional intelligence of science subject teacher trainees with |         |         |
|--------------------------------|---|---------|---------|
|                                | r-value   | t-value | p-value |
| Attitude                       | 0.7233  | 14.7376 | 0.0001* |
| Micro teaching                 | 0.4866  | 7.8384  | 0.0001* |
| Demonstration of lessons       | 0.4420  | 6.9331  | 0.0001* |
| Lesson observation             | 0.2164  | 3.1190  | 0.0021* |
| Sports and cultural activities | 0.4703  | 7.4987  | 0.0001* |

<sup>\*</sup>p<0.05 indicates significant at 5% level of significance From the results of the above tables, it can be seen that,

- → There is positive significant relationship between emotional intelligence and attitude scores towards training programmes and its dimensions of arts subject teacher trainees (i.e. micro teaching scores towards training programmes of arts teacher trainees(r=0.5601, p<0.05) at 5%, demonstration of lessons scores towards training programmes(r=0.2425, p<0.05) at 5%, lesson observation scores towards training programmes(r=0.2947, p<0.05) at 5% and sports and cultural activities scores towards training programmes(r=0.4332, p<0.05) at 5% level of significance).
  </p>
- → There is positive significant relationship between emotional intelligence and attitude scores towards training programmes and its dimensions of science subject teacher trainees (i.e. micro teaching scores towards training programmes of arts teacher trainees(r=0.4866, p<0.05) at 5%, demonstration of lessons scores towards training programmes(r=0.4420, p<0.05) at 5%, lesson observation scores towards training programmes(r=0.2164, p<0.05) at 5% and sports and cultural activities scores towards training programmes(r=0.4703, p<0.05) at 5% level of significance).</p>
- **4. Hypothesis:** There is no significant relationship between emotional intelligence and attitude scores towards training programmes and its dimensions (i.e. micro teaching, demonstration of lessons, lesson observation and sports and cultural activities) of Low SES and high SES teacher trainees

**Table:7** and **8**. Results of correlation coefficient between emotional intelligence and attitude scores towards training programmes and its dimensions (i.e. micro teaching, demonstration of lessons, lesson observation and sports and cultural activities) of Low SES and high SES teacher trainees

| Variables                      | Correlation between emotional intelligence of Low SES |        |         |
|--------------------------------|---|--------|---------|
|                                | teacher trainees with                                 |        |         |
|                                | r-value t-value p-value                               |        |         |
| Attitude                       | 0.7125  | 7.9312 | 0.0001* |
| Micro teaching                 | 0.4740  | 4.2045 | 0.0001* |
| Demonstration of lessons       | 0.3108  | 2.5543 | 0.0132* |
| Lesson observation             | 0.3996  | 3.4043 | 0.0012* |
| Sports and cultural activities | 0.4125  | 3.5365 | 0.0008* |

\*p<0.05 indicates significant at 5% level of significance

| Variables                      | Correlation between emotional intelligence of high SES |         |         |
|--------------------------------|--|---------|---------|
|                                | teacher trainees with                                  |         |         |
|                                | r-value  | t-value | p-value |
| Attitude                       | 0.7190   | 18.9322 | 0.0001* |
| Micro teaching                 | 0.5401   | 11.7462 | 0.0001* |
| Demonstration of lessons       | 0.3731   | 7.3604  | 0.0001* |
| Lesson observation             | 0.2277   | 4.2799  | 0.0001* |
| Sports and cultural activities | 0.4691   | 9.7219  | 0.0001* |

<sup>\*</sup>p<0.05 indicates significant at 5% level of significance From the results of the above tables, it can be seen that,

- → There is positive significant relationship between emotional intelligence and attitude scores towards training programmes and its dimensions of Low SES teacher trainees (i.e. micro teaching scores towards training programmes of low socio-economic status teacher trainees (r=0.4740, p<0.05) at 5%, demonstration of lessons scores towards training programmes(r=0.3108, p<0.05) at 5%, lesson observation scores towards training programmes(r=0.3996, p<0.05) at 5% and sports and cultural activities scores towards training programmes(r=0.4125, p<0.05) at 5% level of significance).
  </p>
- → There is positive significant relationship between emotional intelligence and attitude scores towards training programmes and its dimensions of high SES teacher trainees (i.e. micro teaching scores towards training programmes of high socio-economic status teacher trainees(r=0.5401, p<0.05)at 5%, demonstration of lessons scores towards training programmes(r=0.3731, p<0.05) at 5%, lesson observation scores towards training programmes(r=0.2277, p<0.05) at 5% and sports and cultural activities scores towards training programmes(r=0.4691, p<0.05) at 5% level of significance).</p>
- **5. Hypothesis:** There is no significant relationship between emotional intelligence and attitude scores towards training programmes and its dimensions (i.e. micro teaching, demonstration of lessons, lesson

observation and sports and cultural activities) of SC/ST caste and GM caste teacher trainees

**Table:9** and **10.** Results of correlation coefficient between emotional intelligence and attitude scores towards training programmes and its dimensions (i.e. micro teaching, demonstration of lessons, lesson observation and sports and cultural activities) of SC/ST caste and GM caste teacher trainees

| Variables                      | Correlation between emotional intelligence of SC/ST |         |         |
|--------------------------------|---|---------|---------|
|                                | caste teacher trainees with                         |         |         |
|                                | r-value t-value p-value                             |         |         |
| Attitude                       | 0.7207  | 12.2128 | 0.0001* |
| Micro teaching                 | 0.4778  | 6.3900  | 0.0001* |
| Demonstration of lessons       | 0.4390  | 5.7397  | 0.0001* |
| Lesson observation             | 0.2474  | 2.9993  | 0.0032* |
| Sports and cultural activities | 0.4945  | 6.6832  | 0.0001* |

<sup>\*</sup>p<0.05 indicates significant at 5% level of significance

| Variables                      | Correlation between emotional intelligence of GM caste teacher trainees with |         |         |
|--------------------------------|--|---------|---------|
|                                | r-value t-value p-value  |         |         |
| Attitude                       | 0.7129   | 16.3297 | 0.0001* |
| Micro teaching                 | 0.5534   | 10.6719 | 0.0001* |
| Demonstration of lessons       | 0.2982   | 5.0177  | 0.0001* |
| Lesson observation             | 0.2494   | 4.1364  | 0.0001* |
| Sports and cultural activities | 0.4360   | 7.7822  | 0.0001* |

<sup>\*</sup>p<0.05 indicates significant at 5% level of significance From the results of the above tables, it can be seen that,

- → There is positive significant relationship between emotional intelligence and attitude scores towards training programmes and its dimensions of SC/ST caste teacher trainees (i.e. micro teaching scores towards training programmes of SC/ST caste teacher trainees(r=0.4778, p<0.05)at 5%, demonstration of lessons scores towards training programmes(r=0.4390, p<0.05) at 5%, lesson observation scores towards training programmes(r=0.2474, p<0.05) at 5% and sports and cultural activities scores towards training programmes(r=0.4945, p<0.05) at 5% level of significance).
  </p>
- → There is positive significant relationship between emotional intelligence and attitude scores towards training programmes and its dimensions of GM caste teacher trainees (i.e. micro teaching scores towards training programmes of GM caste teacher trainees(r=0.5534, p<0.05)at 5%, demonstration of lessons scores towards training programmes(r=0.2982, p<0.05) at 5%, lesson observation scores towards training programmes(r=0.2494, p<0.05) at 5% and sports and cultural activities scores towards training programmes(r=0.4360, p<0.05) at 5% level of significance).</p>

#### **MAJOR FINDINGS:**

- 1. Male and Female, Rural and Urban, Arts and Science, Low and High SES and SC/ST and GM caste teacher trainees differ significantly in respect of the emotional intelligence scores
- 2. Male and Female, Rural and Urban, Arts and Science, Low and High SES and SC/ST and GM caste teacher trainees differ significantly in respect of the attitude scores towards training programmes and its dimensions

#### 12. EDUCATIONAL IMPLICATIONS

- 1. The teacher training Institutes should give more importance to Training programmes
- 2. The training Institutes should provide effective training programmes to teachers' trainees.
- 3. Length and duration of teaching practice should be increased from 1 month 2 months.
- 4. Most of the B.Ed. Colleges do not run a 'model school' to provide demonstration lessons within the campus, the reason being that they are away even from a village. Apart from this the B.Ed. centers have been planned to provide hostels to student teachers to create a residential campus life.. Both the faculty and the student teachers have interaction for five hours during the working days and desert the campus as it has been done in any Secondary school.

#### **CONCLUSION:**

From the results obtained in the present study it is found that there is a positive and significant relationship between emotional intelligence and attitude scores towards training programmes and its dimensions of teacher trainees of B.Ed..

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