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## DISTORTIONS OF PSYCHOLOGICAL AND PHYSICAL IN CHILDREN

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#### **ABSTRACT**

o explore the physical and mental deformities of the kids, to analyze the childhood reviews of the youngsters and to tabulate the rearing techniques and role model of the youngsters are the chief targets of this examine. Within the present day the youngster's upbringings approach and their behavior pattern are converting because of the impact of modernization and westernization. The researcher had followed the descriptive studies layout to explain the conduct pattern of children at home. The studies had concentrated the youngsters between the age institutions of 10-14 years. Outcomes of this look at suggest that fifty one% of the respondents were working in private jobs.

**KEYWORDS:** Distortions of Psychological, physical and mental deformities, Physical in Children.

#### **INTRODUCTION**

Early life is known as the childhood of the existence because it's miles the degree all through which most improvement occurs. In the course of formative years, children discover how their emotions can affect their behavior. Relationship with peers and own family is any other extensive contributor to behavior. Circle of relative's size, siblings and socialization plays the vital function in mold the youngsters' behavior at domestic. As circle of relative's length increases, possibilities for enormous touch among the parents and the man or woman toddler lower, but possibilities for a spread of interactions with siblings enlarge. The multiplied involvement of the father with the firstborn infant also can counter to a point the kid's emotions of displacement and jealousy of the more youthful sibling. Direct observational research of the social interaction of siblings have showed that younger sibling, even babies as

younger as twelve months, tend to observe, comply with, and imitate their older siblings. The following are a number of the disorders in youngsters which can be probably to culminate into emergencies at a few stages.

- •Intense melancholy and suicidal inclinations
- Dissociative issues
- Anxiety and Panic issues
- Child abuse
- Conduct issues
- Ppost-traumatic pressure ailment
- Drug abuse
- Anorexia nervosa
- Psychotic issues

There are many elements with the liable for the behaviour hassle of the kid in the family for example. The elements are as under:

- Over protection
- Rejection
- Discerns imbalanced



#### courting

- Poverty
- •Loss of parental love

The above points made an extensive effect on the mind of the developing baby. Marital battle or discord; divorced mother and father, impaired figure-child dating; infant abuse and neglect, absence of emotional bonds and physical aggression within the context of the own family are a few examples of disorder that make contributions in the direction of psychopathology.

#### **BEHAVIOR:**

The way in which any individual who conduct himself/herself to fulfill the needs of the society and associate in the social functioning.

#### **OBJECTIVE OF THE STUDY:**

- 1.To observe physical and psychological distortion.
- 2.To realize childhood experience of the children.
- 3.To tabulate the rearing methods and role model of the children
- 4.To know the physiological condition of the children.

#### **Study Sampling:**

For the current study comprises of the children between the age group of 10-14 years. The total number of children in the above specified age group is 276. The researcher had applied the simple randam sampling for selecting 75 respondents for the study.

**Table 1.0 Family size** 

Sr. No	Family Size	Respondent	Percentage
1.	One Member	6	8.00
2.	Two Member	48	64.0
3.	Three	14	18.6
4	Four	7	9.4

Table 1.0 describes depicts that 64% of the respondents were having two children, 18.6% of the respondents were having three children, 8% of the respondents were having one child, remaining 9.4% of the respondents were having four children.

Table 2.0 Family Type

Sr.No.	Particulars	Respondent	Percentage
1.	Nuclear Family	48	64
2.	Joint Family	27	36
То	tal	75	100

Table 2 indicates that majority 64% of the respondents were living in nuclear family, more than one fourth 36% of therespondents were living in joint family system.

**Table 3.0 Outstanding Achievement of Sibling** 

Sr. No.	Valid	Frequency	Percentage
1.	Not at all	8	10.7
2.	Some Level	7	9.30
3.	Great Extent	55	73.33
4.	Considerable Extent	5	6.67
	Total	75	100.00

Table 3.0 describes that most of the respondents i.e. 73.33% were feeling greater extent while outstanding achievement of siblings, 10.7% of the respondents were not exhibiting any feeling while outstanding achievement of siblings, 9.30% of the respondents were feeling some extent while outstanding

achievement of siblings, remaining 6.67 of the respondents were feeling considerable extent while outstanding achievement of siblings.

Valid Frequency Percentage 16.00 Not at all 12 Some Level 12.00 Great Extent 48 64.00 Considerable Extent 08.00 6 75 100.00

Table 4.0 Arguments with Sibling (Brother and Sister)

Table 4.0describes that 64% of the respondent's children were great extent while making arguments with siblings, 16% of the respondent's children were not having arguments with siblings, 8% of the respondent's children were having considerable arguments with sibling, rest of 12% of the respondent's children were having some arguments with siblings

Sr. No.	Valid	Frequency	Percentage
1.	Not at all	31	41.33
2.	Some Level	9	12.00
3.	Great Extent	29	38.67
4.	Considerable Extent	6	08.00
	Total	75	100.00

Table 5.0 Mother engaged in full time work

Table 5 describes that 38.67 of the respondent's children were having problem in a greater extent while their mother engaged in full time work, 41.33% of the respondent's children were not having problem due to their mother engaged in full time work, 12% of the respondent's children were having problem in some extent while mother engaged in full time work, 8% of the respondent's children were having problem in considerable extent while their mother engaged in full time work.

Sr. No.	Valid	Frequency	Percentage
1.	Not at all	62	82.67
2.	Some Level	6	08.00
3.	Great Extent	4	05.33
4.	Considerable Extent	3	04.00
	Total	75	100.00

Table 6.0 Physical Punishment by Parents while mistake

Table 6.0describes that 82.67% of the respondent's children were not realizing their mistakes while parents interpreting physical punishment, 8% of the respondent's children were realizing their mistakes in some extent while parents interpreting physical punishment, 5.33% of the respondent's children were realizing their mistakes in greater extent while parents interpreting physical punishment, rest 4% of the respondent's children were realizing their mistakes in considerable extent while parents interpreting physical punishment.

Table 7.0 Quarrel between parents or neighbor or relative

Sr. No.	Valid	Frequency	Percentage
1.	Not at all	67	89.03
2.	Some Level	4	05.03
3.	Great Extent	2	02.97
4.	Considerable Extent	2	02.97
	Total	75	100.00

Table 7 describes that 89.03% of the respondents were not doing quarrel between parent and neighbor/relative, 5.03% of the respondents were doing quarrel between parents and neighbor/relative in a some extent, rest 2.97% of the respondent were doing quarrel between parents/parent and neighbor/relative in

considerable and great extent.

Table 9: Extreme use of Alcohol by Parents Leading to Adverse Behavior

Sr. No.	Valid	Frequency	Percentage
1.	Not at all	55	73.33
2.	Some Level	4	05.33
4.	Greater Extent	16	21.34
	Total		100.00

Table 9describes that 73.33% of the respondents were not drinking excessive alcohol leading to adverse behavior, 21.34% of the respondentswere having excessive alcohol in a greater extent, rest 5.33% of the respondents were drinking excessive alcohol in some extent.

#### FINDING AND SUGGESTION:

- Most of the respondents were working in private jobs.
- Most the respondents were earning Rs. 5001-10000.
- Most of the respondents were feeling a greater extent in outstanding achievement of brother/sister.
- Most of the respondents were number of arguments with siblings in a greater extent.
- Most of respondents were not exposing guilty feeling while not being sent to school.
- Most of the respondent's children were not suffering serious health problem.
- Most of the respondents were not interpreting physical punishment to their children.
- Most of the respondent's children were not having experience in number of arguments between parents.
- Most of the respondents were not suffering in psychiatric disturbances.

#### **SUGGESTION:**

- 1. Parents should be spent more time with children to manage with their different life style.
- 2. Watching the television will improving thinking ability of children.
- 3. Make the children to understand their faults and responsibilities through speaking the past life experiences,
- 4. Reading books regarding moral science and the movies which is converging the goodness among the children, etc.,
- 5. School administrator or teacher will conduct regular meeting regarding strategy to improve the behavior.
- 6. Avoid the alcohol in front of children.
- 7. Upgrade with sexual harassment knowledge through parental or welfare counseling.

#### **CONCLUSION:**

In current days, the modernization and westernization life style are making immoderate troubles in children's behavior, which is one of the biggest problem in Indian culture. To intricate and enhance the ethical studies, growth the determines participation in child rearing, infant rearing may be relied upon modern lifestyles events are the strategies to enhance the children's behavior in positive manner.

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