

International Multidisciplinary  
Research Journal

*Indian Streams  
Research Journal*

Executive Editor  
Ashok Yakkaldevi

Editor-in-Chief  
H.N.Jagtap

---

Indian Streams Research Journal is a multidisciplinary research journal, published monthly in English, Hindi & Marathi Language. All research papers submitted to the journal will be double - blind peer reviewed referred by members of the editorial board. Readers will include investigator in universities, research institutes government and industry with research interest in the general subjects.

### Regional Editor

Dr. T. Manichander

Mr. Dikonda Govardhan Krushanahari  
Professor and Researcher ,  
Rayat shikshan sanstha's, Rajarshi Chhatrapati Shahu College, Kolhapur.

### International Advisory Board

Kamani Perera Regional Center For Strategic Studies, Sri Lanka	Mohammad Hailat Dept. of Mathematical Sciences, University of South Carolina Aiken	Hasan Baktir English Language and Literature Department, Kayseri
Janaki Sinnasamy Librarian, University of Malaya	Abdullah Sabbagh Engineering Studies, Sydney	Ghayoor Abbas Chotana Dept of Chemistry, Lahore University of Management Sciences[PK]
Romona Mihaila Spiru Haret University, Romania	Ecaterina Patrascu Spiru Haret University, Bucharest	Anna Maria Constantinovici AL. I. Cuza University, Romania
Delia Serbescu Spiru Haret University, Bucharest, Romania	Loredana Bosca Spiru Haret University, Romania	Ilie Pinteau, Spiru Haret University, Romania
Anurag Misra DBS College, Kanpur	Fabricio Moraes de Almeida Federal University of Rondonia, Brazil	Xiaohua Yang PhD, USA
Titus PopPhD, Partium Christian University, Oradea,Romania	George - Calin SERITAN Faculty of Philosophy and Socio-Political Sciences Al. I. Cuza University, Iasi	.....More

### Editorial Board

Pratap Vyamktrao Naikwade ASP College Devrukh,Ratnagiri,MS India	Iresh Swami Ex - VC. Solapur University, Solapur	Rajendra Shendge Director, B.C.U.D. Solapur University, Solapur
R. R. Patil Head Geology Department Solapur University,Solapur	N.S. Dhaygude Ex. Prin. Dayanand College, Solapur	R. R. Yalikal Director Managment Institute, Solapur
Rama Bhosale Prin. and Jt. Director Higher Education, Panvel	Narendra Kadu Jt. Director Higher Education, Pune	Umesh Rajderkar Head Humanities & Social Science YCMOU,Nashik
Salve R. N. Department of Sociology, Shivaji University,Kolhapur	K. M. Bhandarkar Praful Patel College of Education, Gondia	S. R. Pandya Head Education Dept. Mumbai University, Mumbai
Govind P. Shinde Bharati Vidyapeeth School of Distance Education Center, Navi Mumbai	Sonal Singh Vikram University, Ujjain	Alka Darshan Shrivastava Shaskiya Snatkottar Mahavidyalaya, Dhar
Chakane Sanjay Dnyaneshwar Arts, Science & Commerce College, Indapur, Pune	G. P. Patankar S. D. M. Degree College, Honavar, Karnataka	Rahul Shriram Sudke Devi Ahilya Vishwavidyalaya, Indore
Awadhesh Kumar Shirotiya Secretary,Play India Play,Meerut(U.P.)	Maj. S. Bakhtiar Choudhary Director,Hyderabad AP India.	S.KANNAN Annamalai University,TN
	S.Parvathi Devi Ph.D.-University of Allahabad	Satish Kumar Kalhotra Maulana Azad National Urdu University
	Sonali Singh, Vikram University, Ujjain	



## "THE CASE STUDY ON MOHAMMAD KAIF CRICKET CAREER"



Shakti Shrivastava and Dr. Sunil Dudhale

Research Scholar<sup>1</sup>, S.O.P. E., D. A. V. V. Indore M.P.

Director of physical education and sports<sup>2</sup> D. A. V. V. Indore, M. P.

### ABSTRACT :

Mohammad Kaif is a well known personality in Indian cricket history. He was the member of Indian cricket team. Mohammad kaif a legendary batsman and fielder is known for his brilliant career in Indian Cricket. He was born in a sportsman family on 1st December 1980 in the historic city Allahabad (U.P). His father Mohammad Tarif was a well known cricketer of the country and represented Indian Railways as well as Uttar Pradesh teams in Ranji Trophy tournaments. Kaif is the 3rd son among the family. His elder brothers were also good cricketers Mohammad Asif played first class matches for Indian Railways and Mohammad Saif played Ranji Trophy matches for Madhya Pradesh and Uttar Pradesh cricket teams. The family background inspires him to play cricket.

keywords : Indian cricket history , professional career.

### 1.0.0. INTRODUCTION OF MOHAMMAD KAIF

Mohammad Kaif was very laborious since his childhood. He had done a lot of practice to achieve his target. His dedication towards cricket is a good example for the beginners. He did a lot of practice for the perfection in his fielding skills. His family members also supported him for achieving his goal. He did complete his schooling from his native place, and he started his cricket career from madan mohan malviya stadium at Allahabad, that time his coach was Mr. Dewesh mishra .

Then after he came to Kanpur for his professional career. And joined green park hostel in 1991-92. that time Mr. lakshyaraj tyagi was the coach at that time. Due to his fully dedication and devotion in

cricket he could not complete his graduation. In the year 1996 -97 he Achieved first India logo on cap in under - 15 India team Lombard challenge cup, this was held in England. He started his First class career in 1997 – 98. In the year 1998 he represented under - 19 India world cup Team which was held in South Africa. And same year he got debut in Ranji Trophy matches. In the year of 2000 He got great Achievement, under his captaincy in under -19 world cup Championship, first time India won the World cup this was held in Sri Lanka & made history in Indian Cricket. Former Indian Test Player Mr. Roger binny was the coach on that World cup Tournament.

Continuously step by step his success going ups & Indian cricket Team Selector gave a chance to Played in Test cricket. And first time he was selected in Indian Squad in March 2000.that test match was played in Bangalore against South Africa. He played is First one day International match in January 2002 Against England. That match was played in Kanpur. His debut in T- 20 in June 2003, this was played Yorkshire Vs Derbyshire in Leeds. He played International Senior cricket world cup in 2003 under the captaincy of Mr. Saurav Ganguly, that time Mr. John Wright was the coach of Indian team.

### 1.2.0. CRICKET CAREER OF MOHAMMAD KAIF

#### Batting and fielding Average -

Career	matches	Innings	Not out	Runs	H.S	Average	Bowled faced	S.R	100	50	4s	6s	Catches
Tests	13	22	3	624	148*	32.84	1548	40.31	1	3	64	2	14
ODIS	125	110	24	2753	111*	32.01	3822	72.03	2	17	228	9	55
First class	182	282	24	10093	202*	39.12	-	-	19	58	-	-	166
List A	263	242	41	7588	151*	37.75	-	-	6	58	-	-	122
Twenty 20	72	65	11	1214	70	22.48	1159	104.74	0	7	116	26	41

#### 1.3.0. Bowling Average - b

Career	Matches	Innings	Balls	Runs	Wickets	Best Bowling	Average	Econ	S .R	5w	10w
Tests	13	-	18	4	0	-	-	1.33	-	-	-
ODIS	125	-	-	-	-	-	-	-	-	-	-
First class	182	-	1484	715	20	-	35.75	2.89	74.2	-	-
List A	263	-	1166	1009	33	3/4	30.57	5.19	35.3	-	-
Twenty -20	72	-	-	-	-	-	-	-	-	-	-

In Cricket there are main 4 types of Skills- Batting

Bowling  
Fielding  
Wicket Keeping.

Firstly will discuss about Batting - In batting have many skills we have to perform to makes runs or give a huge target to opponent team.

#### 1.4.0. Batting Skills –

Forward Defense  
Backward Defense  
State Drive Shot  
Cover Drive Shot  
Square cut Shot  
Pull shot  
Leg Glance  
Sweep Shot  
Hook Shot

#### 1.4.1. Forward Defense

Selection of the ball – This skill will on good length ball of medium pacer or the spin ball of spinner.

Back lift and Stance – The should be lifted up to stump height since it is a defensive shot. The bat should be right over the stump, stance should be normal both leg parallel to each other, weight equally divided on the both legs legs apart up to the shoulder level.

Foot movement – Extension of front leg towards the direction of the ball, elbow and toe pointing towards the ground weight of the body on the rare leg.

Contact of the ball – Down swing of the bat and simultaneously body weight should be shifted from rare leg to front leg and contact with the ball near to pad.

Contribution of mohammad kaif to this skill – This skill is very import skill of batting, to defense the wicket have to use this skill and respect the good length ball, M. kaif is very strong is this skill and almost he played to save his wicket or check the behavior of pitch / wicket. Kaif contribution around 50% to 60 % in this part of batting.

#### 1.4.2. Back foot defense

Selection of the ball – short pitch or Short of length ball.

Back lift and Stance - The back lift should be in the line of stump or at stump height stance as in the forward defense.

Foot Movement – As soon as the ball is delivered short pitched the back leg goes back and across of off stump and the toe pointing in the line of the ball. Weight on the front leg, back lifts high back and straight.

Contact of the ball- Down swing of the bat and body weight shifted from front leg to the back leg simultaneously contact with ball in front of the chest in a sideward position of the body.

Contribution of Mohammad Kaif in this skill - This is defensive skill almost used in bouncing wicket M kaif played this skill to defense his wicket is fast bowling or respect to good line of the bowler.

#### 1.4.3. State Drive shot

Selection of the ball – Over pitched ball pitching on off stump or leg stump line.

Stance and back lift – Stance should be normal and back lift up to the stump height and body should be on both legs.

Foot Movement - Front leg goes to the direction of the ball line back lift goes up to the stump height, body weight on the rear leg.

Contact with the ball – At the time of execution body weight shifted from rear leg to the front leg simultaneously down swing of the bat and contact with the ball near to the front leg.

Contribution of M. Kaif – The contribution of kaif in this skill is strong almost 60 % he makes runs in this area of this career.

#### 1.4.4. Cover Drive Shot

Selection of the ball – Over pitched ball pitching on off stump or just outside the off stump line.

Stance and back lift – Stance should be normal and back lift up to the stump height and body should be on both legs.

Foot Movement - Front leg goes to the direction of the cover region, back lift goes to the direction of fine leg area, body weight on the rear leg.

Contact with the ball – At the time of execution body weight shifted from rear leg to the front leg simultaneously down swing of the bat and contact with the ball near to the front leg.

Contribution of M. kaif – This shot is very strong of m. kaif almost the makes runs in this area he played 70% to 75% stroke in this region.

#### 1.4.5. Square cut shot

Selection of the ball – played on short ball pitched on off stump or outside the off stump.

Stance and back lift – Stance should be normal both legs are parallel to popping crease and back lift up to the stump height.

Foot Movement – The rear leg back and across to the off stump in the line of ball toe pointing towards point region body weight on the front leg and back lift in the fine leg region.

Contact of the ball – At the time of contact body weight shifted from front to rear leg & simultaneously bat is contacted with ball in front of the chest. The bottom should control the stroke.

Follow through – After the execution the right wrist rotates over the left and follows through is completed on the left shoulder.

Contribution of M.kaif - Mohammad kaif contribution in this skill is around 45% to 50 % he little bit prefer to play horizontal stroke.

#### 1.4.6. Pull Shot

Selection of the ball – played on short pitched ball on the leg stump or just outside the leg stump.

Stance and back lift – Stance should be normal both legs are parallel to popping crease and back lift up to the stump height.

Foot movement – The rear leg goes back and across in the line of off stump simultaneously back lifts high and in the direction of third man.

Contact with ball – At the time of execution bat comes horizontal & simultaneously body weight shifted from front leg to rear leg, the contact is made in the front of the chest.

Follow through – After the execution of short both wrists rotate right to left and follow through completes over left shoulder and toes pivots. Contribution of M. kaif - Mohammad kaif contribution in

this skill is around near about 30 % he played very rarely this shot.

#### 1.4.7. Leg glance

Selection of the ball – The back foot leg glance is played to a delivery just on the leg stump or just outside the leg stump. Played in the region of fine leg region.

Stance and back lift – Stance should be normal both leg parallel to popping crease and back lift up to the stump height.

Foot movement – Move your right foot back and across towards the leg stump and toe pointing in the cover region.

Contact of the ball – At the time of contact the right leg drags back towards or near the right leg the rear leg goes in the line of ball and the contact is made just near the thigh and body weight is shifted from front leg to rear leg.

Follow through – After the execution of short right wrist rotates over the left.

Contribution of M. kaif – In leg glance shot Mohammad kaif contribution is near about around 25 %.

#### 1.4.8. Sweep Shot

Selection of the ball – Played of the off spin bowling or the pitched on leg stump or just out of it.

Stance and back lift - Stance should be normal both leg parallel to popping crease and back lift up to the stump height.

Foot movement – the front leg goes to the direction of the ball but inside the line of it. Same time the back lift should be goes in the third man region.

Contact with ball – At the time of execution body weight shifted rear leg to front leg. Rear leg knee touching the ground and the same time bat contact with the ball in the front of waist both hand stretched.

Follow through – After the execution right wrist rotates over left and follow through is completed over left shoulder.

Contribution of M. kaif – The contribution of Mohammad kaif of in this shot is very controlled he played this shot when the off spinner ball spin too much 20 % around he played this shot in inning.

#### 1.4.9. Hook Shot

Selection of the ball – played on short pitched ball going on the leg stump or just outside the leg stump.

Stance and back lift - - Stance should be normal both leg parallel to popping crease and back lift up to the stump height.

Foot movement – The rear leg goes in the off stump line or near to it. Back lift simultaneously goes in third man area.

Contact of the ball – Batsman should strike the ball in the line with or just outside the left shoulder and body weight shifted from front leg to rear leg.

Follow through – After the shot toes pivots and follow through complete on left shoulder.

Contribution of M. kaif – This shot played only on fast bowler bowling and the bowling attacking of body line the contribution of Mohammad kaif of the shot is very rare he played around 5% in whole career.

**1.5.0. BOWLING SKILL** – In bowling have many skills and variations e.g. fast bowling and spin bowling. We will talk about spin – because mohammad kaif bowled spin bowling in spin bowling he bowled off



spin.

Spin – The ball which turn away or towards the batsman after pitching.

Off Spin – The ball which turn towards the batsman after pitching on the ground.

Grip – The first two fingers are spread out as much as possible the ball will be hold with the finger across the seam gripping it tightly up to first joint. Thumb and other finger are for support.

Run up - An off spinner does not required very long run up however the distance should be providing sufficient rhythm is required. It should be straight and rhythmical.

Releasing the ball – After the jump bowler has to land on the right leg parallel to the bowling crease and left leg forward with short step. So to again the height while delivery the ball moves in a clockwise direction and the pressure on the ball is done by the index finger. The toe should be pivoted to get more arcs for spin.

Follow through – After releasing the ball the bowling arm down on the left thigh with open palm & rear leg comes forward for maintaining balance & left hand back, it is necessary for the bowler to comes it catching position after follow through is completed.

Contribution of M. kaif –The contribution of Mohammad kaif was average in bowling but he bowled in first class cricket and List A matches, his contribution on bowing in First class cricket and List A matches.

Matches	Inning	Balls	Runs	Wicket	5w	Average	Econ
182	-	1484	715	20	-	35.75	2.89
263	-	1166	1009	33	-	30.57	5.19

#### 1.6.0. Fielding Skill –

It is very important part of cricket like batting and bowling the fielding has its own important, by a very good fielder in the team any side could stop the batting side in low score or to not make more runs. For fielding its needs important in the aquarcy of throw the movement to rich the ball, this all things makes pressure on the batting side and the core becomes low.

Fielding in the sport of cricket is the action of fielders in collecting the ball after it is struck by the batsman, in such a way either to limit the number of runs that the batsman scores or to get the batsman out by catching the ball in flight or running the batsman out. Cricket fielding position can be broken down into offside and leg side parts of the field.

A fielder or fieldsman may field the ball with any part of his person. However, if while the ball is in play he willfully fields it otherwise (e.g. by using his hat), the ball becomes dead and 5 penalty runs are awarded to the batting side unless the ball previously struck a batsman not attempting to hit or avoid the ball. Most of the rules covering fielders are in Law 41 of the Laws of cricket.

In the early days of Test cricket, fielding was not a priority and many players were sloppy when it came to fielding. [citation needed] With the advent of One Day International matches, fielding became more professional as saving runs became more important. A good fielding side can often save 30+ runs in the course of an ODI innings

#### TYPES OF FIELDING –

1. Defensive fielding
2. Attacking fielding



Defensive fielding – This fielding is basically done on the boundaries because in this fielding there is less chance that ball will miss from the fielder. even when there is not any chance that fielding side is throw when batsman is not taking second run it is better to hold comfortably.

#### 1.6.1. Defensive fielding is two types – 1. Heel together 2. Long barrier

Heel together- In this type of fielding first the fielder goes in the line of the ball his upper body slightly bend, knees also slightly bend. His toes will be open & heels together fielder head should be down at the time of fielding. he keep his palm open and will them between his open toes. Don't take your eyes from the ball until it is firmly in your hands it is used when the ball comes slowly & the surface of the ground is more firm or even, this fielding is done in test matches basically.

Long Barrier – A very fine method of stopping the ball from a particular hard shorts is by turning sideward to the line if the ball. The left leg knee touching the ground and the right leg heel close to the knee of left leg, the right angle and hands position is were the both legs join each this position is found quickly and the fielder should come in throwing position.

1.6.2. Attacking fielding – It is mainly used in 30 yards circle or in close fielding position. The purpose of this fielding to get batsman run out.

Pick up and throw – In this fielding fielder approaches to the ball in a straight way manner & pick it up when the ball reaches the right foot at this time your eyes should focused the ball & head is still, After this there will be a throw of the ball which side of the wicket is required and the fielder moves two to three steps forward to maintain the balance.

Contribution of M. kaif – Mohammad kaif is one of the best athlete fielder of India, He gave a map to India in world cricket fielding position .his contribution is Indian fielding is too much he got Name and fame through his fielding level. He did extraordinary job in fielding. He caught lot of tremendous catches and run out and changes the trend of Indian cricket fielding apart from this he a motivation or inspiration to youngster and give an example to young players.

#### 1.6.3. CONCLUSION –

This Research paper focused on Mohammad kaif career. Here researcher describes his cricket skills based on batting bowling and fielding. While Researcher gets he did lot of hard work in whole skills to develop it. In batting his contribution was good and did it very positively without any pressure in his whole cricket career. Bowling skill work was average. And his fielding skill was very excellent and show to himself to the country if you have talent in this skill definitely you can also play for country as a good Fielder.

#### 1.6.4. REFERENCES -

##### Web Links-

[https://en.wikipedia.org/wiki/mohammad\\_kaif](https://en.wikipedia.org/wiki/mohammad_kaif)  
[https://en.wikipedia.org/wiki/playing\\_it\\_my\\_way](https://en.wikipedia.org/wiki/playing_it_my_way)  
[www.espnricinfo.com/india/content/player/29990](http://www.espnricinfo.com/india/content/player/29990).  
[www.cricbuzz.com/profile/70/mohammad-kaif](http://www.cricbuzz.com/profile/70/mohammad-kaif)  
[https://en.wikipedia.org/wiki/Batting\\_\(cricket\)](https://en.wikipedia.org/wiki/Batting_(cricket))  
[https://en.wikipedia.org/wiki/bowling\\_\(cricket\)](https://en.wikipedia.org/wiki/bowling_(cricket))  
[www.cricketlab.co/fielding-tips.html](http://www.cricketlab.co/fielding-tips.html)

[www.pitchvision.com/cricket-fielding-drills](http://www.pitchvision.com/cricket-fielding-drills)  
[farehamandcroftoncricket.hitscricket.co.uk/.../cricket-skillfielding—wicketkeeping.as...](http://farehamandcroftoncricket.hitscricket.co.uk/.../cricket-skillfielding—wicketkeeping.as...)  
[dews.net.in/ijmess/wp-content/uploads/2013/07/5\\_solanki1](http://dews.net.in/ijmess/wp-content/uploads/2013/07/5_solanki1).

Book –

Wiley: The sports psychologist's handbook:  
[WWW.abebooks.com](http://WWW.abebooks.com)

# Publish Research Article

## International Level Multidisciplinary Research Journal

### For All Subjects

Dear Sir/Mam,

We invite unpublished Research Paper, Summary of Research Project, Theses, Books and Book Review for publication, you will be pleased to know that our journals are

## Associated and Indexed, India

- ★ International Scientific Journal Consortium
- ★ OPEN J-GATE

## Associated and Indexed, USA

- Google Scholar
- EBSCO
- DOAJ
- Index Copernicus
- Publication Index
- Academic Journal Database
- Contemporary Research Index
- Academic Paper Database
- Digital Journals Database
- Current Index to Scholarly Journals
- Elite Scientific Journal Archive
- Directory Of Academic Resources
- Scholar Journal Index
- Recent Science Index
- Scientific Resources Database
- Directory Of Research Journal Indexing

Indian Streams Research Journal  
258/34 Raviwar Peth Solapur-413005, Maharashtra  
Contact-9595359435  
E-Mail-[ayisrj@yahoo.in](mailto:ayisrj@yahoo.in)/[ayisrj2011@gmail.com](mailto:ayisrj2011@gmail.com)  
Website : [www.oldisrj.lbp.world](http://www.oldisrj.lbp.world)